PROFESSIONAL VITA

**Laura L. Payne**

**Address** University of Illinois at Urbana-Champaign (UIUC)

Department of Recreation, Sport and Tourism

104 Huff Hall, 1206 South 4th Street

Champaign, IL 61820

E-mail: lpayne@illinois.edu (P) 217-244-7038 (F) 217-244-1935

**Education**

1998 Ph.D. **The Pennsylvania State University**

**University Park, Pennsylvania**

Leisure Studies Program with a minor in Gerontology

1992 M. S. **Illinois State University, Normal, Illinois**

Department of Health, Physical Education, Recreation and Dance

Concentration in Recreation Administration

1989 B. S. **Illinois State University, Normal, Illinois**

Communications, Public Relations Major

Recreation and Park Administration Minor

Thesis Title: Influence of parental monitoring on perceived freedom and enjoyment in adolescent leisure experiences

Dissertation Title: The role of leisure in the relationship between arthritis severity

and perceived health among adults 50-85: Does leisure contribute?

**Professional Experience**

2016 – Present Professor and Extension Specialist

Director of Graduate Studies

Department of Recreation, Sport & Tourism

University of Illinois at Urbana-Champaign, Champaign, IL

2007 – 2016 Associate Professor and Extension Specialist,

Director of Graduate Studies

Department of Recreation, Sport & Tourism

University of Illinois at Urbana-Champaign, Champaign, IL

Extension Specialist, Rural Community Development, Rural Health and Aging, and Community Parks and Recreation, 75% Extension Appointment

2001 – 2007 Assistant Professor and Extension Specialist,

Department of Recreation, Sport and Tourism

University of Illinois at Urbana-Champaign, Champaign, IL

August, 1998 - **Assistant Professor, School of Exercise, Leisure & Sport**

June, 2001 Kent State University, Kent, Ohio

1995-1998 **Research/Teaching Assistant, & Instructor Leisure Studies**

**Program, School of Hotel, Restaurant & Recreation**

**Management**

The Pennsylvania State University, University Park, Pennsylvania

1992-1995 **Administrative Coordinator, Smith, Bucklin & Associates, Inc.**

Chicago, Illinois

Managed membership services, volunteer resources and regional user group alliance programs. Coordinated annual budget process with staff and board members. Managed the registration process, exhibitor program, and sponsorship program for semi-annual national conferences.

1990-1992 **Graduate Assistant, Department of Health, Physical**

**Education, Recreation and Dance (HPERD)**

Illinois State University, Normal, Illinois

1990-1992 **Public Relations Intern/Assistant**

(seasonal, part-time) Illinois Park and Recreation Association (IPRA)

Winfield, Illinois

1988-1992 **Facility Manager, Mt. Prospect Park District’s**

(seasonal position) **Big Surf Wave Pool**

Mt. Prospect, Illinois

1990 (spring) **Activities Coordinator, Sundial Beach and Tennis Resort**

Sanibel Island, Florida

**Research and/or Scholarly Publications**

Books/Book Chapters

*Leisure, Health and Wellness: Making the connections* (2010). Payne, L.L., Godbey, G., & Ainsworth, B. (eds.). Venture Publishing: State College, PA.

Orsega-Smith, E. & Payne, L. L. (2010). *Relations between leisure, health and wellness*. In Leisure, health and wellness: Making the connections. Venture Publishing: State College, PA.

Payne, L. & Barnett, L.A. (2005). *Leisure and recreation across the lifespan*. In Introduction to Leisure and Recreation. Human Kinetics: Champaign, IL.

Katzenmeyer, C., Payne, L., & Orsega-Smith, E. (2003). *Active Options Resource Guide: Improving the health of older adults*. National Recreation and Park Association: Ashburn, VA.

Articles published in refereed journals

Broughton, K., Payne, L. L., & Liechty, T. (2017). An Exploration of Older Men’s Social Lives and Well-being in the Context of a Coffee Group. *Leisure Sciences (39)3,* 261-276.

Huhman, M., Quick, B. L., & Payne, L. (2016). Community College Students’ Health Insurance Enrollment, Maintenance, and Talking With Parents Intentions: An Application of the Reasoned Action Approach. *Journal of Health Communication*, Published online April 6, 2016. DOI: 10.1080/10810730.2015.1103327

Lee, C. S. & Payne, L. L. (2016). Experiencing Flow in Different Types of Serious Leisure in Later Life. *World Leisure Journal*. Published on March 6, 2016. DOI: 10.1080/1607 8055.2016.1143389

Janke, M. C., Son, J. S., Jones, J. J., Payne, L. L., & Anderson, S. K. (2015). Leisure patterns and their associations with arthritis-related self-management and health. *Therapeutic Recreation Journal*, 49(4), 281-292.

Stine-Morrow, E. A. L., Payne, B. R., Roberts, B. W., Kramer, A. F., Morrow, D. G., Payne, L., Hill, et al. (2015). Training versus Engagement as Paths to Cognitive Enrichment with Aging. *Psychology and Aging, 29*(4), 891-906.

Lee, C. S., & Payne, L. L. (2015). An exploration of the relationship between different types of serious leisure and successful aging. *Activities, Adaptation and Aging,39(1-18)*.

Liechty, T., Mowen, A. J., Payne, L. L., Henderson, K. A., Bocarro, J. N., Bruton, C. & Godbey, G. C. (2014). Public park and recreation managers’ experiences with health partnerships. *Journal of Park and Recreation Administration, 32*(2), 11-27.

Payne, L. L. & Zabriskie, R. (2014). Understanding the role of leisure in life transitions. *Journal of Park and Recreation Administration, 32*(1), 1-6.

Headley, C., & Payne, L. L. (2014). Examination of a fall prevention program on leisure and leisure-based fear of falling of older adults. *International Journal of Disability and Human Development, 13(1), 149-154*.

Pori, M., Payne, L.L., Schmalz, D.L., Pori, P., Skof, B. & Leskosek, B. (2013). Correlation between sport participation and satisfaction with life among Slovenian participants of the Ljubljana marathon, *Kinesiologia Slovenica, (19)*2, 36–43.

Headley, C., Payne, L. L., & Keller, M. J. (2013). N’Balance: A community-based fall prevention intervention with older adults: Lessons learned. *Activities, Adaptation and Aging, 37*, 47-62.

Payne, L. L., Zimmerman, J. A., & Mowen, A. J. (2013). Health partnerships in community parks and recreation: Does community size matter? *Preventing Chronic Disease, 10, DOI: http://dx.doi.org/10.5888/pcd10.120238*.

Janke, M. C., Jones, J. J., Payne, L. L. & Son, J. S. (2012). Living with Arthritis: Using Self-Management of Valued Activities to Promote Health. *Qualitative Health Research*, 22(3), 360-372.

Janke, M. C., Carpenter, G., Payne, L. L., & Stockard, J. (2011). The role of life events on perceptions of leisure during adulthood: A longitudinal analysis. *Leisure Sciences*, *33*(1), 52-69.

Payne, L. L. & Heavenrich, C. (2010). Stop aging and start living: The theory and practice of positive aging. *International Journal of Disability and Human Development*, 10 (2), 97-102.

Janke, M. C., Son, J. S., & Payne, L. L. (2009). Self-regulation and adaptation of leisure among adults with arthritis. *Activities, Adaptation & Aging, 33*(2), 65-80.

Mowen, A., Payne, L. L., Orsega-Smith, E., & Godbey, G. (2009). Assessing the health partnership practices of park and recreation agencies: Findings and implications from a national study. *Journal of Park and Recreation Administration, 27*(3), 116-131.

Son, J. S., Kerstetter, D. L., Mowen, A. J., & Payne, L. L. (2009). Global self-regulation and outcome expectations: Interactive influences on constraint self-regulation and leisure-time physical activity. *Journal of Aging and Physical Activity, 17(3),* 307-326.

Janke, M.C., Payne, L.L., & Van Puymbroeck, M. (2008). The role of informal and formal leisure activities in the disablement process. *International Journal of Aging and Human Development, 67*(3), 231-257.

Payne, L., & Schaumleffel, N. (2008). The relationship between attitudes toward public park and recreation services and community satisfaction among rural residents. To be submitted to *Journal of Park and Recreation Administration 26*(3) 116-135.

Van Puymbroeck, A. M., Payne, L., & Hsieh, P.C. (2007). A Phase I Feasibility Study of Yoga on the Physical Health and Coping of Informal Caregivers. *Evidence-based Complementary and Alternative Medicine, 4*(4) 519-529.

Mowen, A., Orsega-Smith, E., Payne, L., Ainsworth, B. & Godbey, G. (2007). The role of park proximity and social support in shaping park use, physical activity and health among older adults. *Journal of Physical Activity and Health*, 4, 167-179.

Orsega-Smith, E., Payne, L., Mowen, A., Ho, C., & Godbey, G. (2007). The role of social support and self-efficacy in shaping leisure time physical activity of older adults. *Journal of Leisure Research*. *39*(4), 705-727.

Sasidharan, V., Payne, L., Orsega-Smith, E., & Godbey, G. C. (2006). Older adults’ physical activity participation and perceptions of well-being: Examining the role of social support for leisure. *Managing Leisure, 11*(3), 164-185.

Payne, L., Mowen, A., & Montoro-Rodriguez, J. (2006). The role of leisure in the relationship between arthritis severity and perceived health. *Journal of Leisure Research, 38(1),* 20-45*.*

Payne, L., Orsega-Smith, E., Godbey, G. & Roy, M. (2005). The relationship between personal health and park use among adults 50 and over: Results of an exploratory study. *Journal of Park and Recreation Administration, 23*(2), 1-20.

Godbey, G., Caldwell, L., Floyd, M., & Payne, L. (2005). Implications from Leisure Studies and Recreation and Park Management Research for Active Living. *American Journal of Preventive Medicine*, 28, 2S2, 150-158.

Mowen, A., Payne, L., & Scott, D. (2005). Change and Stability in Leisure Constraints Revisited: A 10-Year Comparison of Perceived Park Use Constraints and Desired Constraint Reduction Strategies. *Leisure Sciences, 27*(2), 191-204.

Orsega-Smith, E., Mowen, A., Payne, L., & Godbey, G (2004). The Interaction of Stress and Park Use on Psycho-physiological Health in Older Adults. *Journal of Leisure Research, 36*(2), 232-256.

Orsega-Smith, E., Payne, L., & Godbey, G. (2003). Outcomes associated with participation in a community parks and recreation based wellness program for older adults*. Journal of Aging and Physical Activity, 11*(4) *516-531*.

#### Payne, L. (2002). Progress and challenges in repositioning leisure as a core component of health. *Journal of Park and Recreation Administration*, *20(4)* 1-11.

#### Payne, L., Mowen, A., & Orsega-Smith, E. (2001). The relationship between race, residence, and age on attitudes toward park use and park behaviors*. Leisure Sciences, 24(1) 181-198.*

#### Caldwell, L., Darling, N., Payne, L., & Dowdy, B. (1999). Comparison of psychological and social control causes of boredom among adolescents. *Journal of Leisure Research, 31*(2), pp. 103-121.

**Selected articles published in juried journals**

Christoph, M. J. & Payne, L. L. (2014, November). Evidence-based programs and practice: Resources, equity, and why parks & recreation should move in this direction. *Parks and Recreation*, 48(11). 21-24.

Broughton, K. , Scheunemann, J., Lee, C., & Payne, L. (2013, June). Combating staff burnout. *Parks and Recreation, 48*(6), 12-15.

Payne, L. L. (2012, January/February). Collaborating toward a common goal: Partnership practices and effectiveness in Illinois. *Illinois Parks and Recreation, 42*(7), 19-22.

Broughton, K. & Payne, L. L. (2011, September/October). Who are the baby boomers and what are their recreation values and preferences? *Illinois Parks and Recreation, 42*(5), 46-48.

Schaumleffel, N. & Payne, L. L. (2010, May). Rural recreation and park development: Trends, issues and strategies for success, *Parks and Recreation, 45*(5), 33-37.

Payne, L. L., Mowen, A., Orsega-Smith, E., & Godbey, G. (2008, September). Working toward a common goal: NRPA’s national study finds that park and recreation partnerships are vital to community health and well-being. *Parks and Recreation, 43*(9), 102-109.

Stafford Son, J., Mowen, A., & Payne, L. (2007, March/April). Viewpoints on recreation: Opportunities and challenges for community recreation. *The Journal on Active Aging, 6*(2), p.77.

Payne, L. (2005, October). The role of recreation and parks in promoting active lifestyles in later life: Many questions, some direction. *George Butler Lecture of the Leisure Research Symposium. Taking steps toward Transdisciplinary research: How public health priorities could influence leisure research on community-level approaches to promoting healthy, active lifestyles.* State College, PA: Venture Publishing, Inc.

Ho, C., Payne, L., Orsega-Smith, E., & Godbey, G. (2003, April). The role of public parks and recreation in promoting health. *Parks and Recreation,* 41-45.

Smith, E., Payne, L., Spangler, K., & Godbey, G. (2000, October). Community recreation and parks: Promoting health in older adults. *Parks and Recreation,* 53-57.

Payne, L., Smith, E., Godbey, G., & Spangler, K. (1999, October). The Role of Local Recreation and Park Services in Health Promotion and Health Maintenance in Later Life. *Parks and Recreation*, 72-77.

Payne, L., Smith, E., Godbey, G., & Roy, M. (1998, October). Local parks and the health of older adults: The results of an exploratory study. *Parks and Recreation*, 64-69.

Payne, L., Shaw, T., Anderson, M., Bratt, B., & Caldwell, L. (1998). An exploration of the critical variables related to mood states. *Proceedings of The Northeastern Recreation Research Symposium*, Bolton Landing, New York.

**Articles published in monographs**

Payne, L. L. (2011). *Resource guide for community survey projects*. Office of Recreation and Park Resources, University of Illinois Urbana-Champaign.

Payne, L. (1999). The importance of leisure among the Oldest Old. In S. Berg & S. Zarit (Ed.), *The Oldest Old.* Jonkoping, Sweden: Institute of Gerontology.

Selected research reports to sponsors

Payne, L. L., Janke, M.C., Harvey, S., & Coyle, H. (2009). *Take Charge of Your Health: Live Well Be Well annual report*. University of Illinois Extension.

Payne, L. L., & Janke, M. C. (2008). *Take Charge of Your Health: Live Well Be Well annual report*. University of Illinois Extension.

Payne, L. L. (2007). *Annual progress report for the healthy rural communities project*. Illinois Attorney General’s Office.

Payne, L. L. (2006). *Annual progress report for the healthy rural communities project*. Illinois Attorney General’s Office.

Payne, L. L. (2005). *Annual progress report for the healthy rural communities project*. Illinois Attorney General’s Office.

Payne, L. L. (2004). *Annual progress report for the healthy rural communities project*. Illinois Attorney General’s Office.

Godbey, G., Payne, L., & Orsega-Smith, E. (2004). *Final report to the Robert Wood Johnson Foundation for the project titled: Use of local government parks and recreation and its relation to health.* Robert Wood Johnson Foundation, Princeton, NJ.

Payne, L. L. (2003). *Annual progress report for the healthy rural communities project*. Illinois Attorney General’s Office.

Carlson, R., & Payne, L. (2003). *Community recreation needs and preferences of Morris, Illinois residents*.

Payne, L. (2003). *Summary Results from the Youth Summer Daze Recreation Program Evaluation*, University of Illinois Extension.

Godbey, G., Payne, L., & Orsega-Smith, E. (2002). *Increasing physical activity among older adults: Testimony to a U.S. Congressional briefing.* Sponsored by the National Coalition for the Promotion of Physical Activity (NCPPA), Washington, DC.

Payne, L. & Powers, A. (2002). *Outlook for community recreation and parks for the city of Clinton, Illinois*. University of Illinois Extension.

Orsega-Smith, E., Payne, L., & Godbey, G. (2000). *Effects of Active Options (AO) Participation on health: A summary of findings*. Kent State University.

Payne, L., Orsega-Smith, E., & Godbey, G. (1999). *Program evaluation report for Foothill’s Park and Recreation District’s Active Options (AO) Program: A summary of findings*. Kent State University.

Godbey, G., Roy, M., Payne, L., & Smith, E. (1998). *Health and Park Use: Final report of findings*. National Recreation and Park Association Board of Trustees. Ashburn, VA.

Payne, L., Smith, E., Godbey, G., & Roy, M. (1998). *Golden Age Centers of Greater Cleveland client health and park use profile*, Cleveland, OH.

Godbey, G., Payne, L., Roy, M., & Smith, E. (1997). Status report on Health and Park Use Study for NRPA Board of Trustees.

Payne, L., & Anderson, M. (1996). *Evaluation of the 1996 Pennsylvania YMCA State Championships (swimming)*, State College, PA

**Grant and Contract Proposals Awarded**

Payne, L. L., Schwingel, A., & Bobitt, A. *Pathways to health: Dissemination and evaluation of the chronic disease self-management program*. Administration on Community Living (formerly Administration on Aging) via AgeOptions ($77,708 requested and funded). September 2015 to September 2017.

Liechty, T., Baker, B. L., & Payne, L. L. (Investigator). *Investigation of the Elements of a Physically Active Leisure Program that Encourage Participation by Older Adults: A Case Study*. Submitted to the Campus Research Board Program. ($10,000 funded). October 2015 to October 2016.

Reif, J., Jones, D., Molitor, D, & Payne, L. (2016). *Worksite wellness: A field experiment on participation incentives & selection into wellness programs*. Evidence for Action: Building a Culture of Health, Robert Wood Johnson Foundation, August 2016 – August 2018. $200,000.

Reif, J., Jones, D., Molitor, D, & Payne, L. (2014). *Worksite wellness: A field experiment on participation incentives & selection into wellness programs*. National Institutes of Health, R01 Grant through the National Bureau of Economic Research. August 2014 – August 2016. $1,138,497.

Payne, L., (PI) & Headley, C. (2014). *Replication study of the effects of N’Balance, a community-based fall prevention program for older adults- longitudinal effects*. Consortium for Older Adult Wellness. August 2014 to December 2017, $30,000.

Payne, L.(PI), Huhman (Co-PI), M., Quick, B, McCaffrey, J., Reif, J., & Farner, S. (2013). *Illinois Health Care Reform Initiative*. University of Illinois Campus Extension Program. August 2013 to December 2017, $213,143.

Payne, L., Harvey, S., & Janke, M. (2010). *Statewide dissemination and evaluation of the Chronic Disease Self-Management Program* (total budget is $1.0 million over two years; $50,000 sub-contracted to UIUC). Administration on Aging (Illinois Department of Public Health and Illinois Department on Aging co-PI’s).

Sweedler, K., Griswald, A., Camp, S., & Payne, L. (2010). *Transitioning to retirement.* University of Illinois Extension Holistic Family Wellness Seed Grant. February 2010 – February 2011, $12,000.

Payne, L. L. (2008*). Impact and Dissemination Evaluation of the Illinois Chronic Disease Self- Management Progra*m (total budget is $197,117 over two years; $40,000 sub-contracted to UIUC). Retirement Research Foundation (PI-Tom Prohaska, UIC).

Payne, L., Janke, M. (Co-PIs), & Son, J., Harvey, I. S. (Investigators). *Take Charge of Your Health: Live Well, Be Well: A Holistic Chronic Disease Self- Management Program*. University of Illinois at Urbana-Champaign Extension (Flagship program – July 2007 to September 2010), $324,020.

Janke, M. C. (PI), Payne, L. L. & Son, J. S. (Co-PIs). *Self-regulation and adaptation of leisure among older individuals with arthritis*. University of Illinois at Urbana-Champaign Research Board (August 2007 to May 2009), $6,910.

Stine-Morrow, E. (PI), & Parks, D., Kramer, A., Morrow, D. (Investigators), & Janke, M., & Payne, L. (Collaborators). *The Senior Odyssey: A test of the engagement hypothesis of cognitive aging*. National Institutes of Health (R01 – July 2007 to June 2012), $3,504,410.

Son, J., Harvey, S., Shinew, K., & Payne, L. (2007). *Leisure-based self- care practices and health of African American and Whites in Centralia*, Illinois. Submitted to the Campus Research Board. $14,630 requested and funded.

Mowen, A., Godbey, G., Payne, L., & Orsega-Smith, E. (2005). *Partnerships between Park and Recreation Agencies and Health Organizations*. Submitted to the National Recreation Foundation. $75,000 requested and funded.

Van Puymbroeck, A. M., Warkins, J. & Payne, L. (2004). *The influence of meditation and walking on the quality of life for stroke caregivers*. Submitted to Pampered Chef Family Resiliency Program. $16,000 requested and funded.

Van Puymbroeck, A. M., & Payne, L. (2004). *The influence of yoga on the quality of life for stroke caregivers*. Mary Jane Neer Grant Competition. $15,000 requested and $13,000 received.

Godbey, G., Payne, L. (Co-PI) & Orsega-Smith, E. (2003). *Use of Local Government Park and Recreation Services and its Relation to Health.* Robert Wood Johnson Foundation. April 15, 2002 to April 15, 2004; $321,000; $140,000 subcontracted to the University of Illinois.

Payne, L. (PI) & Alexandris, K. (2002). *Healthy Rural Communities Project*. State of Illinois Attorney General’s Office Vitamin Anti-Trust Settlement. Principal Investigator. August 2002 to December 2005; $333,958.

Payne, L. (2002). *Illinois Rural Recreation Development Project*. State of Illinois Department of Human Services, Division of Community Health and Prevention. July, 2002 to June, 2003; $168,000.

Payne, L. (2002). *Illinois Rural Recreation Development Project*. Children, Youth, Families and Risk Project (CYFAR is administered through University of Illinois Extension); May 1 to June 30, 2002; $15,600.

Payne, L., Rodway, Glickman, E., & Grega, D. (2001). *The thermal, metabolic, cardiovascular, perceptual and psychological responses that occur during acclimation on a ranger squad while performing operations at altitude in Denali National Park*. Kent State University Research Board. Principal Investigator, May to August 2001; $3,000 awarded.

Payne, L., & Orsega-Smith, E. (2000). *Instructional Guide for Developing and Implementing Community-Based Wellness Programs for Older Adults*. National Recreation and Park Association. $5,000 awarded.

Payne, L., Mathieu, M., Jarrett, T., Mitrovic, M., & Pernetti, L. (1999*). Developing learning communities through the integration of challenge programs into the freshman orientation course*. Provosts Special Initiative Grants, Kent State University. $8,250 requested and funded.

Payne, L., Smith, E., & Godbey, G. (1999). *Phase II of NRPA/Foothills: Developing a model community based wellness program*. National Recreation Foundation. Co-Principal Investigator. $20,000 requested and funded.

Payne, L., Smith, E., & Godbey, G. (1998). *Phase I of NRPA/Foothills: Evaluation of the Active Options Senior Wellness Program*. National Recreation Foundation. Co-principal Investigator. $40,000 funded through Penn State; $10,000 subcontract directly to Kent State University.

**Selected Papers Presented at Technical and Professional Meetings**

Refereed presentations

Lee, C., Payne, L. & Berdychevsky, L. (2017). The roles of leisure attitudes and self-efficacy on retirement attitudes. *The Academy of Leisure Sciences Research Institute*, Indianapolis, IN, February 9, 2017.

Payne, L. (2016). Beyond knowledge. Measuring and reporting behavior change. *University of Illinois Extension Annual Conference*, Champaign, IL, November 16, 2016.

Payne, L. L., McCaffrey, J., Huhman, M. & Quick, B. (2016). Community college students and the ACA: Results from a multi-phased project. *Extension National Health Outreach Conference*, Roanoke, Virginia, April 6, 2016.

Lee, Chungsup & Payne, L. (2016). Understanding the role of leisure in attitudes toward toward retirement. *Center for Health, Aging & Disability Chittendum Symposium*, Champaign, IL, April 26, 2016.

Huhman, M., Quick, B., & Payne, L. (2015). “Get Covered. Stay Covered.” A social marketing initiative to encourage community college students to sign up for insurance under ACA . *American Public Health Association Conference*, Chicago, Illinois, November 1, 2015.

Payne, L. (2015). Understanding Community College Students’ Views on Health Insurance and the ACA. *University of Illinois Extension Annual Conference*, Champaign, Illinois, November 17, 2015.

Payne, L. L., McCaffrey, J., Huhman, M., Quick, B. L., Reif, J., Farner, S., & Byers, C. (2015). Community college students’ awareness and attitudes toward health insurance and the ACA insurance program. *National Health Outreach Conference*, Atlanta, GA, May 8, 2015.

Payne, L. L. (2014). Evidence based health and wellness programming: iLearn program. *Illinois Parks and Recreation State Conference*, January 23-25, Chicago, IL.

Payne, L. L., Ryan, P., & Belza, B. (2014). Planning strategies to increase physical activity among people with arthritis. *Aging in America Conference of the* *American Society on Aging*, March 11-15, San Diego, CA.

Broughton, K. & Payne, L. (2013). Exploring older men’s social lives and well-being within a coffee group. *National Recreation and Park Association Leisure Research Symposium,* October 8-11, Houston, TX*.*

Broughton, K. & Payne, L. (2013). Exploring older men’s health and well-being in the context of a coffee group. *Annual Symposium for the Center for Health, Aging and Disability*. March 28, Champaign, IL.

Waterman, M. & Payne, L. L. (2013). Environment and policy strategies to increase physical activity among people with arthritis. *Active Living Research Conference*, February 22-24, San Diego, CA

Payne, L. L., Orsega-Smith, E., & Godbey, G. C. (2012). Exploring the relationship between leisure style and health among adults 50 and over. World Leisure Congress, September 29-October 3, Rimini, Italy.

Payne, L. L., & Schaumleffel, N. (2012). Rural recreation development: An examination of attitudes toward public park and recreation development. University of Ljubljana Conference on Physical Activity and Health. October 5, Ljubljana, Slovenia.

Lee, C. S. & Payne, L. L., (2012). Serious leisure types and successful aging. *National Recreation and Park Association Leisure Research Symposium*, October 20-22, Anaheim, CA.

Waterman, M. & Payne, L. L. (2012). Strategies to increase physical activity among people with arthritis. *National Recreation and Park Association Education* Session, October 20-22, Anaheim, CA.

Lee, C. S., & Payne, L. L. (2012). An exploration of serious leisure types and flow experiences among older adults. *Gerontological Society of America*, November 15-17, San Diego, CA.

Payne, L. L., Quinn, C., & Wilson, A. (2011). Rural cultures: Challenges to disseminating the Chronic Disease Self-Management Program in rural communities. *Gerontological Society of America*, November 18-22, Boston, MA.

Headley, C. M., Payne, L. L., & Katzenmeyer, C. (2011). N-Balance, a community fall prevention intervention that may impact leisure self-efficacy. *Gerontological Society of America*, November 18-22, Boston, MA.

Payne, L. L., Zimmerman, J., Mowen, A. J., & Orsega-Smith, E., & Godbey, G. C. (2011). When it comes to health partnerships, community size matters. *National Recreation and Park Association Leisure Research Symposium,* November 1-5, Atlanta, GA.

Headley, C. M., Payne, L. L., Katzenmeyer, C. (2010). A Community-Based Fall Prevention Intervention That May Impact Fear Of Falling And Leisure For Older Adults, *Gerontological Society of America,* November 18-22, New Orleans, LA*.*

Harvey, I. S., Payne, L. L., Janke, M., Etkin, C., Wallace, J. M., Coyle, H., & Broughton, K. A. (2010). The Chronic Disease Self-management Program in Rural Communities: Participants’ Perceived Benefits, *Gerontological Society of America,* November 18-22, New Orleans, LA*.*

Janke, M. C., Jones, J. J., Son, J. S., & Payne, L. L. (2010).The Process of Selective Optimization with Compensation in Leisure Activities among Adults with Arthritis. *Gerontological Society of America,* November 18-22, New Orleans, LA*.*

Payne, L. L., Janke, M., Harvey, S., Prohaska, T., Etkin, C., Bright, D. & Oquendo Scharneck, M. (2010). Importance of community parks and recreation in the management of chronic conditions: The statewide Illinois initiative. *International Healthy Parks, Healthy People Congress,* April 10-16, Melbourne, Australia.

Payne, L. L., Harvey, I.S., Janke, M., Byers, C., & Coyle, H. (2010). The role of community parks and recreation in the management of chronic disease: The Illinois multi-disciplinary statewide chronic disease initiative. *World Leisure Congress*, August 28-September 2, Chun Chun, South Korea.

Paden, L. K., & Payne, L. L. (2010). Ask me why? Assessing needs in your community: 2-hour workshop at the *Illinois Parks and Recreation Conference*, January 28-30, Chicago, IL.

Janke, M. C., Son, J. S., & Payne, L. L. (2009). Leisure-based predictors of arthritis self-efficacy among middle aged and older adults. *Gerontological Society of America,* November 18-22, Atlanta, Georgia.

Son, J. S., Janke, M. C., & Payne, L. L. (2009). Leisure-based self-regulation and adaptation and the health of middle-aged and older adults with arthritis. *Nineteenth IAGG World Congress of Gerontology and Geriatrics*, July 5-9, Paris, France.

Janke, M. C., Payne, L. L., Carpenter, G., & Stockard, J. (2008). Life events and the perception of leisure during adulthood. *National Recreation and Park Association Leisure Research Symposium,* October 15-20, Baltimore, MD.

Janke, M. C., Payne, L. L., & Son, J. S. (2008). The role of formal leisure activities in the disablement process. *National Recreation and Park Association Leisure Research Symposium,* October 15-20, Baltimore, MD.

Mowen, A., Payne, L. L., Orsega-Smith, E., & Godbey, G. (2008). Health partnerships: Findings and implications from a national study. *National Recreation and Park Association Leisure Research Symposium,* October 15-20, Baltimore, MD.

Orsega-Smith, E., Payne, L. L., & Godbey, G. (2008). Leisure style and health among older adults: Does style matter? *Gerontological Society of America,* November 21-25, National Harbor, MD.

Janke, M. C., Payne, L. L., & Son, J. S. (2007). *Leisure repertoire,*

*energy expenditure, and health of adults with arthritis.* In M. Janke and L. Payne (Chairs), Leisure and aging-related transitions. Symposium conducted at the *Gerontological Society of America Annual Meeting*, November 18-22, San Francisco, CA.

Janke, M. C., Payne, L. L., & Son, J. S. (2007). *Adaptation and self-regulation of leisure among adults with arthritis*. Paper presented at the National Recreation and Park Association Congress, September 25-29, Indianapolis, IN.

Son, J. S., Kerstetter, D. L., Mowen, A. J., & Payne, L. L. (2007). *The relationships between exercise identity, leisure-based social cognitive factors, and leisure time physical activity*. Gerontological Society of America, November 16-20, San Francisco, CA.

Orsega-Smith, E., Payne, L., Mowen, A., & Godbey, G. (2006). Impact of social support and self-efficacy on leisure time physical activity among older adults. *Meeting of the* *Gerontological Society of America*, November 17-21, Dallas, TX.

VanPuymbroeck, A. M., Payne, L., & Hsieh, P. (2006). Psychological outcomes of an 8-week yoga program for informal caregivers. *Meeting of the* *Gerontological Society of America*, November 17-21, Dallas, TX.

Son, J., Kerstetter, D., Mowen, A., Payne, L. & Dattilo, J. (2006). A leisure education model to promote physical activity in later life. *Meeting of the* *Gerontological Society of America*, November 17-21,Dallas, TX.

VanPuymbroeck, A. M., Payne, L., & Hsieh, P. (2006). Physiological outcomes of an 8-week yoga program for informal caregivers. *American Therapeutic Recreation Association Conference*, Orlando, FL, September 2006.

Schaumleffel, N., & Payne, L. (2006). An examination of program leaders' intentions to process recreation experiences to achieve targeted outcomes. *National Recreation and Park Association Leisure Research Symposium*, October 10-14, Seattle, WA.

Son, J., Mowen, A., Kerstetter, D., & Payne, L. (2005) Selection, optimization and compensation for physical activity. *Gerontological Society of America*, November 18-22, Orlando, FL.

Payne, L., Orsega-Smith, E., Godbey, G. & Van Puymbroeck (2005). Psychosocial, environmental and demographic correlates of park use among thee age cohorts of older adults. *Gerontological Society of America*, November 18-22, Orlando, FL.

Barkley, J., Payne, L., Alexandris, K., & Baklund, E. (2005). Leisure time

physical activity constraint and negotiation scale development. *National Recreation and Park Association Leisure Research Symposium*, October 18-22, San Antonio, TX.

Payne, L., Orsega-Smith, E., & Godbey, G. (2005). Psychosocial, environmental and demographic correlates of park use among older adults. *National Recreation and Park Association Leisure Research Symposium*, October 18-22, San Antonio, TX.

Van Puymbroeck, A. M., & Payne, L. (2005). Challenges in conducting yoga intervention research with caregivers. *American Therapeutic Recreation Association Conference*, October 7-10, Salt Lake City, UT.

Chow, H., Godbey, G., Payne, L., & Orsega-Smith, E. (2004). The relation between physically active leisure activity and health of older adults. *Gerontological Society of America*, November 18-22, Washington DC.

Godbey, G., Payne, L., Orsega-Smith, E., & Ho, C. (2004). Use of Local Government Parks and Recreation and its Relation to Health: Preliminary Findings. *National Recreation and Park Association National Congress*, October 12-16, Reno, NV.

Mowen, A. J., Payne, L., Orsega-Smith, E. & Godbey, G. (2004). Physical activity in park settings: The role of perceived and objective park access measures. *Active Living Research Conference*, January 29-February 1, Del Mar, CA.

# Godbey, G., Caldwell, L., Floyd, M., & Payne, L. (2004). Implications from Leisure Studies and Recreation and Park Management Research for Active Living. *Active Living Research Conference*, January 29-February 1, Del Mar, CA.

Payne, L. (2003). Stress, park use and health in older adults. *Annual Conference of Parks and Leisure Australia*. October, Perth, Australia.

Senior, J. & Payne, L. (2003). Health Benefits of open space: Implications for

open space. *Annual Conference of Parks and Leisure Australia*. October, Perth, Australia.

Schaumleffel, N. & Payne, L. (2003). Guiding citizen action committees to build community through recreation service delivery. *Community Development Society Conference*, Ithaca, New York, July 2003.

Payne, L., & Turpin, T. (2003). Ecologically based collaborative multi-disciplinary programs in support of youth and community. *National Children Youth & Families at Risk Conference*, Minneapolis, Minnesota, May, 2003.

Mowen, A. & Payne, L. (2001). The role of age, race and residential location in the recreation preferences of older adults. *National Recreation and Park Association Leisure Research Symposium*, Denver, Colorado, October, 2001.

Payne, L., Orsega-Smith, E., & Godbey, G. (2001). Local parks and recreation as a context for health promotion: An impact study. *Gerontological Society of America*, Chicago, IL., November, 2001.

Payne, L., Orsega-Smith, E., & Godbey, G. (2000). Effects of participation in a

community wellness program on health and health care utilization among adults 62 and

older. *Gerontological Society of America*, Washington, D.C., November, 2000.

Payne, L., Kerstetter, D., Caldwell, L., & Godbey, G. (1999). Influence of leisure lifestyle on the health of older adults with arthritis. *National Recreation and Park Association Leisure Research Symposium*, Nashville, Tennessee, October, 1999.

Payne, L.,Orsega-Smith, E., Godbey, G., & Roy, M. (1999). Influence of park use on the relationship between arthritis severity and perceived health. *International Congress on Aging, Physical Activity and Sport*, Orlando, Florida, August, 1999.

Payne, L., Orsega-Smith, E., Roy, M. & Godbey, G. (1998). Influence of park use and other leisure on state of health among adults 65-84. *51st Annual Scientific Meeting of the Gerontological Society of America*, Philadelphia, Pennsylvania, November, 1998.

Payne, L., Orsega Smith, E., Roy, M., & Godbey, G. (1998). An exploration between park use and health among individuals 50 and over. *National Recreation and Park Association Leisure Research Symposium*, Miami, Florida, October, 1998.

Roy, M., Orsega Smith, E., Payne, L., Vaidya, P., Pavucek, A., SooHoo, C., & Godbey, G. Different patterns of recreation and health measures in older adults. *Annual Conference of the American College of Sports Medicine*, Orlando, Florida, May, 1998.

Roy, M., Orsega Smith, E., Payne, L., Vaidya, P., Pavucek, A., SooHoo, C., & Godbey, G. (1998). The association between recreational activity frequency and measures of health status in adults 50-99 years of age. *Annual Scientific Sessions - Society of Behavioral Medicine*, New Orleans, Louisiana, March, 1998.

Caldwell, L., Payne, L., Darling, N., & Dowdy, B. (1997). Why are you bored? A comparison of psychological and social control causes of boredom among adolescents. *National Recreation and Park Association Leisure Research Symposium*,

Salt Lake City, Utah, November, 1997.

Selected juried presentations

Payne, L. L. (2014). Evidence based health and wellness programming: iLearn program. *Illinois Parks and Recreation State Conference*, January 23-25, Chicago, IL.

Paden, L. K., & Payne, L. L. (2009). Managing the health of our community. 2-hour workshop. *Illinois Parks and Recreation Conference*, Chicago, IL, January 2009.

Evidence based health and wellness programs for community organizations (2008). *Illinois Parks and Recreation Conference*, Chicago, Illinois, January 2008.

Payne, L. & Paden, L.K. (2006). Health benefits of public parks and recreation. *Illinois Parks and Recreation Conference*, Chicago, Illinois, January 2006.

Orsega-Smith, E., Payne, L., Vaidya, P., Pavucek, A., SooHoo, C., Roy, M., & Godbey, G. (1997). Patterns of recreational activity and measures of health in older adults. *Mid-Atlantic Chapter of the American College of Sports Medicine*, State College, Pennsylvania, November, 1997.

Payne, L. (co-presenter), Shaw, T., Anderson, M., Bratt, B., & Caldwell, L. (1997). A critical analysis of the pleasure arousal dominance theory of mood in a leisure setting. *Northeastern Recreation Research Symposium*, Bolton Landing, New York, April, 1997.

Invited presentations and workshops

Payne, L. L. (2017). The role of leisure and health in aging in place. Presented in *Architecture 572 (Design, Environment & Behavior) at the University of Illinois at Urbana-Champaign*, February 13, 2017.

Payne, L. L. (2017). The experience of chronic disease: Reclaiming leisure for quality of life. *University of Utah, Department of Kinesiology, Health and Recreation Research Seminar*, Salt Lake City, UT, January 26, 2017.

Payne, L. (2017). Trends and issues in health, parks and recreation. Invited guest talk in *PRT 5960/6960 Healthy Parks, Healthy People, University of Utah Department of Health, Kinesiology and Recreation*, January 26, 2017, Salt Lake City, Utah.

Payne, L. L. (2015). Rural recreation and wellness: Research and outreach issues and strategies. *The Pennsylvania State University Department of Recreation, Parks & Tourism Management Colloquium*. University Park, PA, April 24, 2015.

Payne, L. L. (2015). Living with arthritis: Selective Optimization with Compensation to enhance quality of life. *Osteoarthritis Action Alliance* (*Arthritis Foundation) Lunch and Learn Webinar Series*. January 21, 2015.

Payne, L. L. (2014). The experience of arthritis: Reclaiming leisure to enhance quality of life. *National Taiwan University Global Issues Forum*. National Taiwan University, Taipei, Taiwan, November 3, 2014.

Payne, L. L. (2014). Research and outreach strategies in rural communities: Considerations for wellness and recreation. *National Taiwan University Global Issues Forum*. National Taiwan University, Taipei, Taiwan, November 5, 2014.

Payne, L. L. (2014). Rural recreation and wellness: Research and outreach issues & strategies. *Department of Parks, Recreation and Tourism* *Graduate Research Seminar*. University of Missouri, Columbia, MO, October 3, 2014.

Payne, L. L. (2014). Nonprofits as a career path in recreation, parks, sport and tourism. *PRT 1011 – Career Orientation and Academic Planning*. University of Missouri, Columbia, MO, October 3, 2014.

Payne, L. L., & Schaumleffel, N. (2012). Rural recreation development: An examination of attitudes toward public park and recreation development. *University of Ljubljana Conference on Physical Activity and Health*. October 5, Ljubljana, Slovenia.

Payne, L. L. (2011). Captain Jack couldn’t have said it better: Effective communication with the media and other publics. *Illinois Park and Recreation Association’s Professional Development School,* November 15, Decatur, IL.

Byers, C. & Payne, L. L. (2011). Live well be well: Enhancing health and wellness among adults with chronic conditions. *Third Annual Symposium on the Strategies for Healthy Aging*. Center for Health, Aging and Disability (CHAD), Champaign, IL, October 13.

Payne, L. L. (2011). Effective facilitation techniques from meetings to focus groups. Half-day workshop for the *Illinois Park and Recreation Association*, October 21, Addison, IL.

Payne, L. L. & Hall, R. (2011). How to assess changing community needs through surveys and focus groups*. Illinois Park and Recreation Association (IPRA) Therapeutic Recreation Leadership Summit*, September 1, Wheaton, IL.

Payne, L. L. (2011). Community approaches to effective chronic disease management: Translating research into practice. Keynote Address for the *University of Illinois Center for Rural Medical Professions Robin A. Orr Memorial Lecture on Community Health and Advocacy*, April 6, Rockford, IL.

Payne, L. L. (2010). Challenges to marketing the Chronic Disease Self-Management Program in rural areas. *Illinois Policy Academy on the Civic Engagement of Older Adults.* Illinois Press Association, Springfield, Illinois, March, 2010.

Janke, M. C., Payne, L. L., & Byers, C. (2009). Stanford Chronic Disease Self-Management Program: How can therapeutic recreation get involved? *Annual Illinois Recreational Therapy Association Conference*, Alsip, IL, October, 2009.

Payne, L. L. (2009). Community, environmental and economic benefits of community parks and recreation. *Bi-Annual Illinois Rivers Conference (Governor’s Conference)*, Peoria, IL, October, 2009.

Janke, M. C., Son, J. S., & Payne, L. L. (2009). Adapting leisure behaviors when living with arthritis: The relationship between leisure and health. *Second Annual Symposium on the Science of Behavior Change*. Center for Health, Aging and Disability (CHAD), Champaign, IL, April, 2009.

Payne, L. (2008) Rural communities and wellness: Research and outreach issues and strategies. *Presented at the First Annual Symposium: Building the critical research agenda*. Center for Health, Aging and Disability (CHAD)*.* Champaign, IL, April, 2008.

Payne, L., Orsega-Smith, E., & Mowen, A. (2007). Health benefits of parks and recreation. *National Recreation and Park Association National Health and Livability Summit*, Atlanta, GA, April 2007.

Van Puymbroeck, A. M., E. Tucker, Hsieh, P & Payne, L. The Influence of yoga on the quality of life for informal caregivers:  A pilot study.  (2006). *Initiative on Aging Guest Lectureship Series*.  Urbana, IL, February, 2006.

Payne, L. (2005). Resources for local park and recreation development. Illinois Association of County Board Members and Commissioners. *Partners in Planning Conference*, Peoria, Illinois.

Payne, L. (2005, October). The role of recreation and parks in promoting active lifestyles in later life: Many questions, some direction. *George Butler Lecture of the Leisure Research Symposium. Taking steps toward Transdisciplinary research: How public health priorities could influence leisure research on community-level approaches to promoting healthy, active lifestyles.* NRPA Leisure Research Symposium, San Antonio, TX, October 2005.

Payne, L. & Schuetz, A. (2005). Illinois Senior Wellness Initiative: A grass roots health promotion program for older adults. *Cross Campus Initiative on Aging,* University of Illinois Urbana-Champaign.

Payne, L., Orsega-Smith, E., Mowen, A., & Godbey, G. (2003). Stress and park use among older adults. *Cross Campus Initiative on Aging,* University of Illinois Urbana-Champaign.

Spangler, K., O’Sullivan, E., Payne, L., Orsega-Smith, E., Katzenmeyer, C., & Godbey, G. (2000). Programs that work: Developing and implementing community-based wellness programs for older adults. *National Recreation and Park Association Annual Congress*, Phoenix, Arizona, October, 2000.

Orsega-Smith, E., Payne, L., & Williams, H. (1999). Evaluating community wellness programs: Linking recreation and health. Pennsylvania State Association of the *American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Annual Conference*, Seven Springs, Pennsylvania, December, 1999.

Little, S., Glancy, M., Carpenter, G., & Payne, L. (1999). Recreation Programming Across the Lifespan. *American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Annual Convention and Exhibition*, Boston, Massachusetts, April, 1999. Note: This was a half-day workshop.

Godbey, G., Payne, L. (co-presenter), Orsega Smith, E., Roy, M., & Godbey, G. (1998). Linking local park use to the well-being of older adults: Results from an exploratory study. *National Recreation and Park Association Congress*, Miami, Florida, October, 1998.

**Other Research Experience**

Project Title*: Ecological contexts of adolescent development*. Project was funded by The Pennsylvania State University and Dickinson University. Project is: Completed, 1996.

Principal Investigators: Darling, N., & Caldwell, L.

Project Responsibilities: Assisted with planning and data collection for overall

project. Coordinated the data collection for the activity diary phase of the project.

Also coordinated data coding, entering, and cleaning for the project.

Project Title: *Health and Park Use among Individuals 50 Years of Age and Older*.

Project was funded by The National Recreation Foundation. Project is: Completed, 1998.

Principal Investigators: Godbey, G., & Roy, M.

Project Responsibilities: Managed the overall research project. Planned and implemented the overall study; specifically coordinated all data collection (using multi-methods) for all phases of the study and managed budget process.

**Courses Taught**

**Semester, Year Course No. and Title Role No. Students**

Spring, 2016 RST 590A Instructor 11

Doctoral Colloquium/Seminar

Fall, 2015 RST 590A Instructor 13

Doctoral Colloquium/Seminar

RST 199 Communications Instructor 43

In RST

Spring, 2015 RST 594LH

Health & Leisure in RST Instructor 7

RST 590B

Graduate Seminar Instructor 13

Fall, 2014 RST 503 Advanced

Graduate Research Methods Instructor 12

RST 590B Graduate

Seminar Instructor 9

Spring, 2014 RST 590B Graduate Instructor 8

Seminar

Fall, 2013 RST 501 Leisure Theory

& Concepts Instructor 12

RST 590B Graduate

Seminar Instructor 14

RST 593 Co-Instructor 12

Spring, 2013 RST 590B Graduate

Seminar Instructor 13

**Semester, Year Course No. and Title Role No. Students**

Fall, 2012 RST 502: Critical Issues in

Recreation Management Instructor 5

RST 590B Graduate

Seminar Instructor 7

Spring, 2012 RST 594LH: Leisure

& Health Instructor 5

RST 590B: Graduate

Professional Seminar Instructor 7

Fall, 2011 RST 590B Graduate

Seminar Instructor 9

Spring, 2011 RST 199: Leisure, Health Instructor 15

& Wellness Across the Lifespan

Fall, 2010 RST 502 Critical Issues in Instructor 13

Recreation Management

Fall, 2009 RST 502 Critical Issues in Instructor 10

Recreation Management

(Graduate Course)

Fall, 2008 RST 410 Administration of

Leisure Services Instructor 67

RST 594 (Graduate Course) Co-Instructor 9

Leisure and Health

Spring, 2008 RST 410 Administration of

Leisure Services Instructor 60

Fall, 2007 RST 410 Administration of

Leisure Services Instructor 52

Spring, 2007 RST 410 Administration of

Leisure Services Instructor 54

Fall, 2006 RST 410 Administration of Instructor 40

Leisure Services

**Semester, Year Course No. and Title Role No. Students**

Spring, 2006 RST 410 Administration of Instructor 62

Leisure Services

Fall, 2005 RST 410 Administration of Instructor 38

Leisure Services

Spring, 2005 RST 410 Administration of Instructor 79

Leisure Services

Fall, 2004 RST 410 Administration of Instructor 72

Leisure Services

Spring, 2004 RST 410 Administration of Instructor 68

Leisure Services

Fall, 2003 RST 410 Administration of Instructor 71

Leisure Services

Spring, 2003 RST 300 Recreation Instructor 65

Program Planning & Leadership

Fall, 2002 RST 316 Leisure and Human

Development Instructor 65

Spring, 2002 RST 110 Introduction to Leisure

Service Delivery Systems Instructor 80

Fall, 2001 RST 316 Leisure and Human Instructor 44

Development

Spring, 2001 LEST 46060/ELS 56060 Instructor 21

Administration of Leisure Services

LEST 26030 Instructor 27

Recreation, Leisure and Aging

Fall, 2000 ELS 10001 Instructor 26

Freshman Orientation Course

LEST 46060 Instructor 30

Administration of Leisure Services

ELS 65042 Co-Instructor 24

Leadership in Recreation and Sport

**Semester, Year Course No. and Title Role No. Students**

Spring, 2000 LEST 46060/ELS 56060 Instructor 30

Administration of Leisure Services

LEST 26030 Instructor 14

Recreation Group Leadership

LEST 46060 Instructor 30

Administration of Leisure Services

Fall, 1999 ELS 10001 Instructor 22

Freshman Orientation Course

LEST 36060 Instructor 29

Process of Program Planning

LEST 46060/ELS 56060 Instructor 23

Administration of Leisure Services

ELS 65042 ELS 65042 Co-Instructor 16

Leadership in Recreation and Sport

Spring, 1999 LEST 46060/ELS 56060 Instructor 20

Administration of Leisure Services

LEST 26030 Instructor 20

Recreation Group Leadership

Fall, 1998 ELS 65042 Co-Instructor 16

Leadership in Recreation and Sport

LEST 46060/ELS 56060 Instructor 30

Administration of Leisure Services

Spring, 1998 RPM 356 Instructor 100

Recreation Programming (two sections)

Fall, 1997 RPM 356 Instructor 102

Recreation Programming (two sections)

Spring, 1997 RPM 356 Instructor 115

Recreation Programming (two sections)

Fall, 1996 RPM 356 Instructor 90

Recreation Programming (two sections)

**Semester, Year Course No. and Title Role No. Students**

Spring, 1996 RPM 356 Instructor 125

Recreation Programming (one section)

Fall, 1995 RPM 356 Teaching Assistant 65

Recreation Programming

**Graduate Student Advising/Committees**

**Chair/Research Director: Master’s Theses**

2007 - 2009 Dina Izenstark

2007 - 2009 Meredith Schwartz

2008 – 2011 Chungsup Lee

2014 – 2016 Jaesung An

2016 - Kirsten Woosnam

**Chair/Research Director: Dissertations**

2001-2005 Nathan Schaumleffel

2005-2009 Cathy Headley

2002-2013 Heidi Reible

2007-2008 Mike Lukkarinen

2008 - 2012 J. Michael Wallace

2007 - 2012 Katherine Broughton

2011 - 2016 Chungsup Lee

2013 - Robin Lizzo

2016 - Jaesung An

Committee Member (theses and dissertations)

1999 - 2000 Dena Deglau, (Sport Studies)

2001 Molly McKenna (Educational Psychology)

2003- 2006 Joe Hinton (Geography)

2006-2007 Janine Parisi (Educational Psychology)

2006-2010 James Barkley (Recreation, Sport & Tourism)

2007-2010 Leticia Malavasi (Kinesiology)

2009-2010 Jeremy Robinett (Recreation, Sport & Tourism)

2008-2010 Grace Yan (Recreation, Sport & Tourism

2010 - 2012 Andrew Kerins (Recreation, Sport & Tourism)

2010 – 2011 Cale Magnuson (Recreation, Sport & Tourism)

2010 – 2013 Changsup Shim (Recreation, Sport & Tourism)

2012 - Azwin Aksan (Recreation, Sport & Tourism)

2013 - 2015 Julie Bobitt (Community Health)

2014 - 2016 Augustus Hallmon (Recreation, Sport & Tourism)

2015 - 2016 Megan Owens (Recreation, Sport & Tourism)

2015 - Maggie Phan (Recreation, Sport & Tourism)

# Professional, University and Public Service

## Professional Societies

#### Illinois Park and Recreation Association (IPRA)

Community Development Society (CDS)

Gerontological Society of America (GSA)

American Public Health Association (APHA)

National Recreation and Park Association (NRPA)

American Society on Aging (ASA)

World Leisure Organization (WLO)

Journal Associate Editor

2013 – 2016 Associate Editor, *Leisure Sciences*

1999 – Associate Editor, *Journal of Park and Recreation Administration*

2013 – Coordinator, Research Update, Parks & Recreation Magazine

# Ad-hoc Reviewer

Aging and Mental Health

Children, Youth and the Environment

Gerontology & Geriatric Medicine

Health Promotion Practice

Journal of Applied Gerontology

Journal of Leisure Research

Journal of Positive Psychology

Journal of Park and Recreation Administration

Journal of Public Health Management and Practice

Journal of Travel Marketing

Landscape and Urban Planning

Leisure Sciences

Preventing Chronic Disease

Therapeutic Recreation Journal

Topics in Geriatric Rehabilitation

External Grant Reviews

Nova Scotia Health Research Foundation

National Research Foundation of Korea (NRF)

Osteoarthritis Action Alliance (OAAA)

Review Coordinator/Associate Editor

2012 Guest Co-Editor: Leisure and transitions over the lifespan: *Journal of Park and*

*Recreation Administration*

2012 Review coordinator: leisure and lifespan section: NRPA Leisure Research Symposium

2011 Review coordinator: leisure and aging section: NRPA Leisure Research Symposium

2010 Review coordinator: physical activity and physicality section: NRPA Leisure Research Symposium

2007 Symposia Co-Chair Annual Meeting of the Gerontological Society of America.

2007 Reviewer for the leisure and lifespan section of the NRPA Leisure Research

1. Symposia Co-Chair Annual Meeting of the Gerontological Society of America.

1999 Served as an associated editor for four manuscripts submitted to the Journal of Park and Recreation Administration; reviewed two manuscripts for the Journal of Leisure Research

1. Reviewer for the Leisure and Lifespan section of the NRPA Leisure Research Symposium.

**University Service:**

2010 – Present Subcommittee for Student Discipline University of Illinois

Office of Student Conflict Resolution

2010- 2014 Academic Senate – Senator University of Illinois

2010 – 2014 Annual Faculty/Staff Seminar University of Illinois

Planning Committee

2010 - Present Graduate Committee Member Department of Recreation,

Sport & Tourism

2005 – 2011 Extension Information Technology & University of Illinois

Communication Services Advisory Council Extension

2004 – 2008 National Leisure and Health Summit National Recreation.

Organizer & Steering Committee Member & Park Association

2002 – Present Extension – Community and Economic University of Illinois

Development Team Extension

**Professional Service**

2011 – Present Board Member WTS International

2015 – Present Co-Chair Osteoarthritis Action Alliance University of North Carolina-

Chapel Hill

2010 - Present Physical Activity Work Group Co-Chair Arthritis Foundation

Osteoarthritis Action Alliance

2010 Expert Panelist Arthritis Foundation &

Policies & Environmental Strategies CDC

to improve physical activity for people

with arthritis

2013 - Past Chair, Education Network National Recreation & Park

Association

2011 – 2013 Chair, Education Network National Recreation & Park

Association

2010 – Present Board Member Consortium for Older Adult

Wellness

2010 – Present IPRA College & University Relations Illinois Park & Recreation

Committee: Co-chair Association

2002 – 2006 Research Advisory Council Illinois Association of Park

Districts

2002-2007 Select Commission of Recreation Illinois Attorney General’s

for Individuals with Disabilities Office

2001-2004 Cardiovascular Health Task Force Illinois Department of

Public Health

2000-2002 Guest Editor for a special issue of Academy of Parks and

the *Journal of Park and Recreation* Recreation Administrators

*Administration*

## **Public Service**

2013- Director, Illinois Health Care Reform Initiative

2010- Mobile Mutts Rescue Transport

2010- I-Promise Mentor, University of Illinois I-Promise Program

2007- Director, Take Charge of Your Health: Live Well Be Well

2002-2006 Director, Illinois Senior Wellness Initiative

2001-2006 Director, Illinois Rural Recreation Development Project

2002-Present Assisting with ongoing public park and recreation development

2002-Present Conducted six community recreation needs assessments/evaluations for

community park and recreation agencies in Illinois.

Jul

## **Awards and Recognition**

2014 Best Paper Award for the *Journal of Park and Recreation Administration*

2012 Illinois State University College of Applied Science & Technology (CAST)

Academy of Achievement Award

1. Emerging Graduate Professional Award: Penn State University

2005 Innovative/Outstanding Program Award: Team. (Illinois Senior Wellness

Initiative). University of Illinois Extension.

2003 Innovative/Outstanding Program Award: Team. (Camp Clover). University of Illinois Extension.

#### 2003 Selected to represent leisure/parks and recreation scholars at the Active Living

Research Seminar sponsored by the Robert Wood Johnson Foundation

2000 Outstanding Faculty Instructor Award: Kent State University Freshman

Orientation Program

2000 Nominated for the Academy of Parks and Recreation Administrator’s Externship

Program.

2000 Faculty Excellence Awards: merit awarded for research and teaching/university

service.

1999 Outstanding Team Teaching Award: Kent State University Freshman Orientation

Program.

1999 Faculty Excellence Awards: merit assigned in scholarship of research and

teaching/university service.