

CURRICULUM VITAE

ROBYN L. GOBIN, PHD

University of Illinois, Urbana-Champaign (UIUC)
Department of Kinesiology and Community Health
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Champaign, IL 61820
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EDUCATION

Internship Boston Consortium in Clinical Psychology (APA-accredited)
VA Boston Healthcare System, September 2011- August 2012
Clinical Fellow in Psychiatry, Harvard Medical School
Teaching Fellow in Psychiatry, Boston University School of
Medicine

Graduate Ph.D., Clinical Psychology (APA-accredited)
University of Oregon, 2012

 M.S., Clinical Psychology
University of Oregon (UO), 2007

Undergraduate B.A, *summa cum laude*, Psychology
Wesleyan College, 2006
Minors: Women’s Studies and Interpersonal Communication

POSTGRADUATE TRAINING

Fellowship University of California San Diego/VA San Diego Healthcare
System
Military Sexual Trauma & Interpersonal Trauma Program
Dialectical Behavior Therapy Program
Advanced Women’s Health Research Fellow and Postdoctoral
Clinician, September 2013-July 2015

Fellowship Brown University, Department of Psychiatry and Human Behavior
NIH T-32 Postdoctoral Fellow in Treatment Research, September
2012-August, 2013

 Providence VA Healthcare System, PTSD Clinic
Postdoctoral Clinician, September 2012-August, 2013

PROFESSIONAL LICENSE AND BOARD CERTIFICATION

Qualified Teacher of Mindfulness-Based Stress Reduction, May 2019-present
National Register Health Service Psychologist, #55063, March 2016-present
Licensed Clinical Psychologist, IL #071009145, September 2015-present

ACADEMIC APPOINTMENTS

Assistant Professor (Tenure-track)
Director, Transforming Trauma and Mental Health Research Lab
Department of Kinesiology and Community Health, University of Illinois, Urbana-Champaign,
August 1, 2015 – present
Member, Community Healing and Resistance Through Storytelling Research (C-HeARTS)
Collaborative, May 2017-present

GRANT SUPPORT

Chez Center Military Service Knowledge Collaborative Seed Grant
Role: Co-Investigator (PI: L. Knobloch)
Healing in the aftermath of war: Evaluating the REBOOT combat recovery program
Total award: \$15,000
Funding Period: May 2019-May 2020

Illinois Program for Research in the Humanities
Role: Co-Principal Investigator (Co-PIs: S. Smith, R. Mendenhall, H. Neville, C. Hunter)
African American community healing through storytelling
Total award: \$2,500
Funding Period: September 2019-May 2020

Illinois Program for Research in the Humanities
Role: Co-Principal Investigator (Co-PIs: S. Smith, R. Mendenhall, H. Neville, C. Hunter)
African American community healing through storytelling
Total award: \$2,500
Funding Period: September 2018-May 2019

National Institute of Food and Agriculture
Role: Co-Investigator (PI: S. Smith; Hatch Project under Accession Number: 1014794)
Discrimination, social support and mental health outcomes among African American parent-adolescent dyads: A two-study analysis (Project # ILLU-793-360)
Total Award: \$62,748
Funding Period: 2017-2022

Illinois Program for Research in the Humanities
Role: Co-Investigator (PIs: Smith, Mendenhall, & Neville)
African American community healing through storytelling
Total Award: \$2,500
Funding Period: September 2017-July 2018

National Register of Health Service Psychologists

Role: Principal Investigator

Acceptance and Commitment Therapy for public stigma towards veterans: A pilot randomized controlled trial

Total Award: \$2,500

Funding Period: June 2016-December 2018

UIUC Campus Research Board

Role: Principal Investigator

Cultivating self-compassion and mindfulness through mobile interventions: A pilot, randomized controlled trial of a public health approach to promoting mental health

Total Award: \$24,000

Funding Period: April 2016-December 2018

UIUC Center for Wounded Veterans in Higher Education and Office of the Vice Chancellor for Research

Role: Principal Investigator

Considering professional help: An investigation of a veteran centered internet-based intervention for distressed student veterans in need of mental health care.

Total Award: \$30,000

Funding Period: January 2016-December 2017

UIUC Center for Wounded Veterans in Higher Education and Office of the Vice Chancellor for Research

Role: Co-Principal Investigator

Assessing mindfulness based cognitive therapy in veterans and civilians with tinnitus using fMRI.

Total Award: \$30,000

Funding Period: January 2016-December 2016

CTRI Clinical Research Pilot Grant (UL1TR000100)

Role: Co-Principal Investigator

A pilot test of the effectiveness of a pre-PTSD-treatment emotion regulation and distress tolerance skills building group on PTSD treatment engagement and effectiveness in survivors of military sexual trauma.

Total Award: \$25,000

Funding Period: April 2014-May 2015

ORIGINAL PUBLICATIONS IN PEER-REVIEWED OUTLETS

**denotes that authorship contributions were equal, and the four authors should be considered equal second authors listed alphabetically*

1. **Gobin, R. L.** & Gomez, J. M. (in press). The cultural context of sexual assault and its consequences: Implications for research, practice, and policy. *Handbook of Interpersonal Violence Across the Lifespan.*
2. Frey, R., **Gobin, R.L.**, & Larsen, S. (accepted). Military sexual trauma: Prevalence, consequences, and treatment approaches. *Handbook of Interpersonal Violence Across the Lifespan.*

3. Chioneso, N., Hunter, C., **Gobin, R. L.**, Smith, S., Mendenhall, R., & Neville, H. A. (accepted). Community healing and resistance through storytelling (C-HeARTS): A framework to address racial trauma in Africana communities. *Journal of Black Psychology*.
4. Adams-Clark, A., Gomez, J. M., **Gobin, R. L.**, Noll, L., & Delker, B. (accepted). Impact of interpersonal, family, cultural, and institutional betrayal on adult survivors of abuse. *Handbook of Interpersonal Violence Across the Lifespan*.
5. Gomez, J.M. & **Gobin, R. L.** (2020). Black women and girls & #MeToo: Rape, cultural betrayal, & healing. *Sex Roles*, 82, 1-12.
6. **Gobin, R. L.**, Strauss, J. L., Golshan, S., Allard, C.B., Bomyea, J., Schnurr, P. P., & Lang, A. J. (2019). Gender differences in response to Acceptance and Commitment Therapy among OEF/OIF/OND veterans. *Women's Health Issues*, 29, 267-273.
7. Husain, F., Zimmerman, B., Tai, Y., Finnegan, M., Kay, E., Khan, F., Menard, C., & **Gobin, R. L.** (2019). Assessing a mindfulness-based cognitive therapy intervention for tinnitus using behavioral measures and structural MRI. *International Journal of Audiology*, 1-13.
8. Larsen, S. E., Bellmore, A.*, **Gobin, R. L.***, Holens, P.*, Lawrence, K. A.*, & Pacella, M. L. (2019). An initial review of residual symptoms after empirically supported trauma-focused cognitive behavioral psychological treatment. *Journal of Anxiety Disorders*, 63, 26-35.
9. Bryant-Davis, T. & **Gobin, R.L.** (2019). Still we rise: Psychotherapy for African American girls and women exiting sex trafficking. *Women and Therapy*, 42(3-4), 385-405.
10. Moore, K., **Gobin, R. L.**, McCauley, H., Kao, C., Anthony, S., Kubiak, S., Zlotnick, C., & Johnsons, J. (2018). The relation of borderline personality disorder to aggression, victimization, and institutional misconduct among prisoners. *Comprehensive Psychiatry*, 84, 15-21.
11. Orchowski, L., **Gobin, R. L.**, & Zlotnick, C. (2018). Correlates of condom use among community college women: The role of victimization, substance use, and mental health symptoms. *American Journal of Sexuality Education*, 13, 170-189.
12. Russano, S., Straus, E., Georgianna, F., Joy, K., Pilavjian, H., **Gobin, R.L.**, & Allard, C. (2017). Religiosity predicts posttraumatic growth following treatment for PTSD related to interpersonal trauma in Veterans. *Spirituality and Clinical Practice*, 4, 238-248. <http://dx.doi.org/10.1037/scp0000151>
13. **Gobin, R. L.**, Mackintosh, M., Willis, E., Allard, C. B., Kloezman, K. & Morland, L. A. (2017). Predictors of differential PTSD treatment outcomes among Veteran and civilian women after Cognitive Processing Therapy. *Psychological Trauma: Research, Theory, Practice & Policy*, 10(2), 173-182.

14. **Gobin, R.L.** & Freyd, J. J. (2017). Do participants detect sexual abuse depicted in a drawing? Investigating the role of betrayal trauma exposure on state dissociation and betrayal awareness. *Journal of Child Sexual Abuse, 26*, 233-245.
15. Rosen, R. K., Kuo, C., **Gobin, R.L.**, Peabody, M., Wechsberg, W., Zlotnick, C., & Johnson, J. (2017). How qualitative methods contribute to intervention adaptation: An HIV risk reduction example. *Qualitative Psychology*.
16. Hakimi, D., Bryant-Davis, T., Ullman, S. & **Gobin, R. L.** (2016). Relationship between negative social reactions to sexual assault disclosure and mental health outcomes of black and white female survivors. *Psychological Trauma: Research, Theory, Practice & Policy*.
17. Gomez, J.M., Smith, C.P, **Gobin, R.L.**, Tang, S.S., & Freyd, J.J. (2016). Collusion, torture, and inequality: Understanding the actions of the American Psychological Association as institutional betrayal. [Editorial] *Journal of Trauma & Dissociation*. doi:10.1080/15299732.2016.1214436.
18. Johnson, J. E., Price, A. B., Kao, J. C., Fernandes, K., Stout, R. L., **Gobin, R.L.**, & Zlotnick, C. (2016). Interpersonal psychotherapy (IPT) for major depression following perinatal loss: A pilot randomized controlled trial. *Archives of Women's Mental Health*. doi:10.1007/s00737-016-0625-5
19. **Gobin, R. L.** & Allard, C. B. (2016). Associations between sexual health concerns and mental health symptoms among African American and European American women Veterans who have experienced interpersonal trauma. *Personality and Individual Differences*. doi: 10.1016/j.paid.2016.02.007
20. Marriott, B. Lewis, C., & **Gobin, R.L.** (2016). Disclosing Traumatic Experiences: Correlates, Context, and Consequences. *Psychological Trauma: Research, Theory, Practice, & Policy*. doi: 10.1037/tra0000058
21. **Gobin, R.L.**, Green, K.E., & Iverson, K.M. (2015). Alcohol misuse among female Veterans: Associations with interpersonal trauma exposure and mental health. *Substance Use & Misuse, 50*, 1765-1777.
22. **Gobin, R. L.**, Reddy, M.K., Zlotnick, C., & Johnson, J. E. (2015). Lifetime trauma victimization and PTSD in relation to psychopathy and antisocial personality disorder in a sample of incarcerated women and men. *International Journal of Prisoner Health, 11*, 64-74.
23. **Gobin, R. L.** & Freyd, J. J. (2014). The impact of betrayal trauma on trust tendencies. *Psychological Trauma: Theory, Research, Practice, and Policy, 6*, 505-511.
24. Kao, J.C., Chuong, A., Reddy, M. K., **Gobin, R. L.**, Zlotnick, C., & Johnson, J. E. (2014). Associations between past trauma, current social support, and loneliness in incarcerated populations. *Health & Justice, 2*, doi:10.1186/2194-7899-2-7

25. Kuo, C., Johnson, J., Rosen, R., Wechberg, W., **Gobin, R. L.**, Reddy, M. Peabody, M., & Zlotnick, C. (2013). Emotional dysregulation and risky sex among incarcerated women with a history of interpersonal violence. *Women & Health*. doi: 10.1080/03630242.2013.850143
26. **Gobin, R. L.**, Iverson, K. M., Mitchell, K.S., Vaughn, R. & Resick, P. A. (2013). The impact of childhood maltreatment on PTSD symptoms among female survivors of intimate partner violence. *Violence and Victims*, 28, 984-989.
27. **Gobin, R. L.** (2012). Partner preferences among survivors of betrayal trauma. *Journal of Trauma and Dissociation*, 13, 152-174.
28. Zurbriggen, E. L., **Gobin, R. L.**, & Kaehler, L. A. (2012). Trauma, attachment, and intimate relationships. *Journal of Trauma & Dissociation*, 13, 127-133.
29. Bryant-Davis, T., Ullman, S., Tsong, Y., & **Gobin, R.L.** (2011). Surviving the storm of sexual assault: The role of social support and religious coping in the recovery of African American women. *Violence Against Women*, 17, 1601-1618.
30. Zurbriggen, E. L., **Gobin, R.L.**, & Freyd, J. J. (2010). Childhood emotional abuse Predicts late adolescent sexual aggression perpetration and victimization. *Journal of Aggression, Maltreatment & Trauma*, 19, 204-223.
31. Eap, S., **Gobin, R.L.**, Ng, J., & Hall, G. N. (2010). Sociocultural issues in the diagnosis and assessment of psychological disorders. In J. E. Maddux & J. P. Tangney (Eds.), *Social psychological foundations of clinical psychology*. New York: Guilford Press.
32. **Gobin, R. L.** & Freyd, J. J. (2009). Betrayal and revictimization: Preliminary findings. *Psychological Trauma: Research, Theory, Practice & Policy*, 1, 242-257.

OTHER SCHOLARLY CONTRIBUTIONS

1. **Gobin, R. L.** (2019, Spring). How acceptance and commitment therapy can help you live on purpose. *Find a Psychologist*. Blog post retrieved from <https://www.findapsychologist.org/how-acceptance-and-commitment-therapy-can-help-you-live-on-purpose-by-robyn-l-gobin-phd/>
2. **Gobin, R. L.** (2018, Fall). Affirmations for trauma. *ThinkUp*. Blog post retrieved from <https://thinkup.me/affirmations-for-trauma/>
3. **Gobin, R.L.** (2017, Spring). Acceptance and commitment therapy for traumatic stress: reflections from the fall 2016 Iowa Psychological Association conference. *The Iowa Psychologist*. Retrieved from <https://ipa32.wildapricot.org/resources/Documents/TIP/TIP%20Spring%202017%20FINAL.pdf>

4. Llamas, J., **Gobin, R.L.**, Gustafson, S., Hendricks, K., et al. (2017, April). *Trauma and posttraumatic stress disorder in ethnic minorities*. Retrieved from <http://www.apatraumadivision.org/633/underserved-populations.html>

BOOK

1. **Gobin, R. L.** (2019). *The Self-Care Prescription: Powerful Tools to Manage Stress, Reduce Anxiety, & Enhance Well-Being*. Emeryville, CA: Althea Press.

MANUSCRIPTS UNDER PEER REVIEW

1. Smith, M. S. & **Gobin, R. L.** (under review). Patterns of Racial Discrimination among Black Parent-Adolescent Dyads. Submitted 1-17-20 to the *Journal of Marriage and Family*.

MANUSCRIPTS IN PREPARATION/REVISION

1. **Gobin, R. L.**, *Akingbule, O., & *Laprise, J. (in revision). Determinants of posttraumatic growth: Assessing the influence of rumination, gender, and trait affect.
2. **Gobin, R. L.**, Allard, C. B., Bashem, J., Chang, C., & Jiao, R., Vergara, G. (in revision). Can a pre-PTSD- treatment emotion regulation and distress tolerance skills building group increased PTSD treatment engagement and effectiveness in survivors of military sexual trauma?
3. Kanter, J. W., Rosen, D. C., & **Gobin, R. L.** (in revision). Racial microaggressions are a public health hazard.
4. Loree, A. M., Richie, F., **Gobin, R. L.**, Masten, M., Zlotnick, C., Wechsberg, W., & Johnson, J. E. (in revision). Female and male condom use skills among incarcerated women with interpersonal violence histories.
5. **Gobin, R. L.**, Niznikiewicz, M. A., Angkaw, A. & Norman, S. B. (in revision). Trauma and emotion regulation difficulties in OEF/OIF/OND veterans.
6. Jernigan, M., **Gobin, R.L.**, Huddleston, C., & Hewitt, A. (in prep). Girls of African Ancestry.

ACADEMIC PRESENTATIONS

*denotes graduate student presenter

1. Miller, A., **Gobin, R. L.**, & Jeremie, G. (forthcoming, August 2020). *Self-care for Black women: An act of self-preservation*. Symposium at the 2020 American Psychological Association Convention, Washington, D.C.
2. **Gobin, R. L.**, Moore, S., & Bryant-Davis, T. (forthcoming, August 2020). *Culturally responsive interventions for women of color survivors of interpersonal trauma*. Oral presentation at the 2020 American Psychological Association Convention, Washington, D.C.

3. Rosen, D. & **Gobin, R.L.** (forthcoming, July 2020). *Connecting across cultural differences in moments that matter: A CBS skills based approach*. 2-day Pre-conference Workshop at the Association for Contextual and Behavioral Science Annual World Conference, New Orleans, LA.
4. Kanter, J., **Gobin, R. L.**, Rosen, D., & Branstetter, H. (forthcoming, May 2020). *Innovations in decreasing microaggressions from psychological science*. 7-hour Pre-conference Institute at the National Conference for Race and Ethnicity in American Higher Education, New York, NY.
5. **Gobin, R. L.** & Bryant-Davis, T. (March, 2020). *Trauma-informed self-care and spirituality among ethnically diverse Christian women*. Oral presentation at the International Conference of the Christian Association for Psychological Studies, Atlanta, GA.
6. Treichler, E., Crawford, J., **Gobin, R.L.**, Gonzalez, K., Lee, E., & Siegel, W. (November, 2019). *Social justice advocacy: What it is, why it matters, & how to help psychology fellows integrate it into their professional identity and practice*. Panel discussion at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapy, Atlanta, GA
7. **Gobin, R. L.** & Moore, S. (August, 2019). *#WhyIStayed: Understanding and supporting Black women in the aftermath of domestic violence*. Oral presentation at the 2019 American Psychological Association Convention, Chicago, IL.
8. Miller, A., **Gobin, R. L.**, & Grant, N. (August, 2019). *How to teach self-care to psychology graduate students*. Oral presentation at the 2019 American Psychological Association Convention, Chicago, IL.
9. Tehee, M., **Gobin, R. L.**, Quintana, S., & Ramirez Stege, A. (August, 2019). *Incorporating service learning into teaching for mutual benefit of students and our communities*. Oral presentation at the 2019 American Psychological Association Convention, Chicago, IL.
10. Babcock Fenerci, R., Olomi, J., Wright, N., & **Gobin, R. L.** (August, 2019). *Betrayal trauma and interpersonal functioning across the lifespan*. Symposium at the 2019 American Psychological Association Convention, Chicago, IL.
11. **Gobin, R. L.**, LaPrise, J.*, Akingbule, O.*, Nathan, J.*, Tassone, M.* (June, 2019). *Evaluating acceptance and commitment therapy for public stigma towards Veterans*. Presentation at the 2019 Association for Contextual Behavioral Science World Conference, Dublin, Ireland.
12. **Gobin, R. L.** (March, 2019). *Teaching psychological trauma: Strategies for integrating diversity and resilience*. Teaching Institute Poster Session at the International Convention of Psychological Science, Paris, France.

13. **Gobin, R. L.** (November, 2018) *Supporting women Veterans' health and well-being: Unique challenges and proposed solutions for research, practice, and policy.* Symposium entitled: Women Veterans: Health, Community, & Legacy sponsored by the UIUC Chez Center for Wounded Veterans in Higher Education and Illinois Joining Forces, Urbana, IL.
14. **Gobin, R. L.** (November, 2018). *Impact of posttraumatic stress disorder on sexuality and sexual functioning among female sexual assault survivors.* Oral presentation at the 2018 American Public Health Association Annual Meeting and Expo, San Diego, CA.
15. Smith, S., Woods-Jaeger, B., Banducci, A., Patel, A., & **Gobin, R. L.** (November, 2018). *Addressing culture in trauma training.* Panel presentation at the 34th Annual Meeting of the International Society for Traumatic Stress Studies, Washington, DC.
16. Godlin, K. *, **Gobin, R.L.**, & Pargament, K. (October, 2018). *Predictors of growth in survivors of domestic violence: Are religious coping and perceptions of God's helpful action beneficial to women?* Paper presentation at the 2018 Annual Meeting of the Society for the Scientific Study of Religion and the Religious Research Association, Las Vegas, NV.
17. Martin, S., Baggley, L., Day, A., **Gobin, R. L.**, House, A., Silberstein, L. (July, 2018). *#MeToo movement: What contextual sciences can, and are doing, to contribute to the issue of sexual assault and harassment.* Panel presentation at the ACBS World Conference 16, Montreal, Quebec, Canada.
18. Tubman, D., Afari, N., **Gobin, R. L.**, Kasujja, R., & Smith, W. L. (July, 2018). *Advancing ACT in the military: Opportunities, challenges, and recommendations from an international panel.* Panel presentation at the ACBS World Conference 16, Montreal, Quebec, Canada.
19. **Gobin, R. L.**, Tabb-Dina, K., Alston, R., Gundersen, C., & Woods, J. (March, 2018). *Closing the gap: Addressing social determinants of health to reduce health disparities.* Panel presented at the Illinois Summit on Diversity in Psychological Science, Champaign, IL.
20. **Gobin, R. L.** (January, 2018). *Building an effective trauma psychology course for undergraduate and graduate students from diverse academic disciplines.* Workshop presented at the 2018 Hawaii University International Conferences on Arts, Humanities, Social Sciences, & Education, Honolulu, HI.
21. Bellmore, A. **Gobin, R. L.**, Larsen, S. E., Holens, P., Lawrence, K., & Pacella, M. (November, 2017). A systematic review of residual symptoms after empirically supported trauma-focused psychological treatment. In S. Larsen (Chair) *The aftermath of PTSD treatment: Characteristics associated with either residual symptoms or long-term improvement* Symposium presented at the 33rd Annual Meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

22. **Gobin, R. L.**, Niznikiewicz, M. A.*, Vuyyuru, C.*, Whealine, J., Khun, E., & Pietrzak, R. H. (August, 2017). *Investigation of an internet intervention to improve mental health treatment seeking among veterans*. Poster presentation at the 2017 Military Health System Research Symposium, Kissimmee, FL.
23. **Gobin, R. L. (Chair)**, Forrester, L., Blom, M., & Szabo, T. (June, 2017). *Gender and Acceptance-Based Treatment Approaches in Punishing Contexts*. Symposium delivered at the Association for Contextual Behavioral Science World Conference 15, Seville, ES.
24. **Gobin, R. L.**, Lang, A. J., Golshan, S., Allard, C.B., Bomyea, J., Schnurr, P. P., & Strauss, J. L. (June, 2017). *Gender Differences in Response to Acceptance and Commitment Therapy among US Military Veterans*. Research presentation to be delivered at the Association for Contextual Behavioral Science World Conference 15, Seville, ES.
25. **Gobin, R. L.** (April, 2017). *Using Acceptance and Commitment Therapy in the General Public to Reduce Mental Health Stigma towards Veterans*. Oral presentation to be delivered at the 4th Annual Association for Contextual Behavioral Science Chicago Conference, Chicago, IL.
26. **Gobin, R. L.** & Bryant-Davis (January, 2017). *Counseling African American Women Interpersonal Trauma Survivors: From Trials to Triumph*. Research presentation at the 2017 National Multicultural Conference and Summit, Portland, OR.
27. **Gobin, R. L.** (September, 2016). *Religiosity and spirituality in the aftermath of interpersonal trauma among African Americans: What is psychology's responsibility?* Oral presentation at the 22nd South African Psychology Congress, Johannesburg, ZA.
28. **Gobin, R. L.**, & Morrow, M.* (August, 2016). *Giving voice to the crisis of sexual violence among African American women and children*. Research presentation at the 2016 American Psychological Association Annual Convention, Denver, CO.
29. Russano, S.* , Joy, K. Georgianna, F. Pilavjian, H. Straus, E. **Gobin, R. L.**, & Allard, C. B. (April, 2016). *Religiosity in military sexual trauma survivors: Differences in posttraumatic growth*. Paper presentation at the 33rd Annual Conference of the International Society for Trauma and Dissociation, San Francisco, CA.
30. Russano, S.* , Joy, K., & Straus, E., Georgianna, F., Pilavjian, H., **Gobin, R. L.**, & Allard, C.B. (February, 2016): *Religiosity in interpersonal trauma survivors including military sexual trauma survivors: Differences in posttraumatic growth*. Poster presentation at the 2016 Military and Veteran Resiliency Summit, San Diego, CA.
31. Orchowski, L. M., **Gobin, R. L.**, & Zlotnick, C. (November, 2015). *The Intersection between Victimization, Substance Use, Mental Health, and HIV RISK among Young Women*. Poster presented at the 31st Annual Meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.

32. Butler, E., **Gobin, R.L.**, & Coleman, N. (August, 2015). *Black Women in Media: Implications for Identity and Sexuality*. Research presentation at the 2015 American Psychological Association Annual Convention, Toronto, Canada.
33. Barnett, D. L., Jenifer, E., & **Gobin, R. L.** (July, 2015). *African Americans, Family, and the Military*. Paper presentation at the 47th Annual International Convention of the Association of Black Psychologists, Las Vegas, NV. *CEUs provided
34. **Gobin, R. L.** & Morrow, M.* (July, 2015). *My Brother's Keeper: The Culture of Silence around African American Sexual Assault*. Paper presentation at the 47th Annual International Convention of the Association of Black Psychologists, Las Vegas, NV.
35. **Gobin, R.L.** & Bryant-Davis, T. (January, 2015). *Hard Pressed, But Not Crushed: Incorporating Spirituality and Religious Coping into Interpersonal Trauma Recovery*. Skill-Building Workshop at the 2015 National Multicultural Conference and Summit, Atlanta, GA.
36. **Gobin, R.L.**, Jain, S., Ernstrom, K., Reman, R., Schnurr, P. P., & Lang, A. (November, 2014). *Acceptance and Commitment Therapy for OEF/OIF/OND Female Veterans with Histories of Interpersonal Trauma: A Preliminary Investigation*. Poster presented at the 30th Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.
37. **Gobin, R.L.**, Walter, K. H., Lin, L., Agha, Z., & Thorp, S. (November, 2014). *Baseline Associations between Mindfulness and Post-Traumatic Stress Disorder Symptoms among Treatment Seeking Veterans*. Poster presented at the 30th Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.
38. **Gobin, R.L.**, Vergara, G. *, & Allard, C. B. (October, 2014). *A Pilot Test of the Effectiveness of a Pre-PTSD-treatment Emotion Regulation and Distress Tolerance Skills Building Group on PTSD Treatment Engagement and Effectiveness in Survivors of Military Sexual Trauma*. Clinical research presentation and discussion forum at the 31st Annual Conference of the International Society for the Study of Trauma and Dissociation, Long Beach, CA.
39. **Gobin, R.L.** & Allard, C.B. (July, 2014). *Sexual Functioning Among African American Female Veterans*. Clinical research presentation at the 46th Annual Meeting of the Association of Black Psychologists, Indianapolis, IN.
40. Morrow, M.* , **Gobin, R.L.**, & Plunkett, C.* (July, 2014). *Speak: The Prevention Of Child Sexual Abuse among African American Children*. Research presentation and discussion forum at the 46th Annual Meeting of the Association of Black Psychologists, Indianapolis, IN. *CEUs provided

41. **Gobin, R.L.**, Allard, C.B., Good, R., & Lang, A. (March, 2014). *A Preliminary Investigation of Acceptance and Commitment Therapy for Female Veterans with Histories of Interpersonal Trauma*. Poster presented at the 9th Annual UCSD Lewis L. Judd Young Investigators Research Symposium, San Diego, CA.
42. **Gobin, R. L.**, & Punzo, J. (March, 2014). *Understanding Military Sexual Trauma: Implications for Your Practice*. Clinical research presentation at the 5th Annual VA San Diego Women's Health Conference, San Diego, CA.
43. Kao, J., Chuong, A., Reddy, M.K., **Gobin, R.L.**, Zlotnick, C., & Johnson, J. (November, 2013). *Past Trauma and Current Perceived Social Support among Women and Men in Prison*. Poster presented at the 29th Annual Meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
44. Butler, E., McCulloch, C., Nunnink, S., **Gobin, R. L.**, Punzo, J., Platt, M., & Allard, C.B. (September, 2013). *Service Utilization and Treatment Outcomes for Veterans with Military Sexual Trauma: Implications for Clinical Practice*. Research presentation and panel discussion presented at the 18th Annual International Conference & Summit on Violence, Abuse, & Trauma, San Diego, CA.
45. **Gobin, R.L.** & Morrow, M.* (July, 2013). *Sexual Violence in African American Women and Girls: An African Centered Approach*. Research symposium at the 45th Annual Meeting of the Association of Black Psychologists, New Orleans, LA.
46. **Gobin, R.L.**, Reddy, M.K., Zlotnick, C., & Johnson, J. (April, 2013). Associations between lifetime trauma and antisocial personality disorder in a sample of incarcerated women and men. Poster presentation at the annual Research Symposium on Mental Health Sciences of The Warren Alpert Medical School of Brown University, Providence, RI.
47. Kao, J., Chuong, A., Reddy, M.K., **Gobin, R.L.**, Zlotnick, C., & Johnson, J. (April, 2013). *Past Trauma and Current Perceived Social Support Among Women and Men in Prison*. Poster presentation at the annual Research Symposium on Mental Health Sciences of The Warren Alpert Medical School of Brown University, Providence, RI.
48. **Gobin, R. L.**, Iverson, K. M., Mitchell, K., Vaughn, R. & Resick, P.A. (November, 2012). *The Relative Impact of Previous Interpersonal Trauma on Intimate Partner Violence Survivors' PTSD Symptoms*. Paper presented at the 28th Annual Meeting of the International Society for Traumatic Stress, Los Angeles, CA.
49. **Gobin, R. L.** & Freyd, J.J. (November, 2012). *The Impact of Betrayal Trauma on Trust*. Poster presented at the 28th Annual Meeting of the International Society for Traumatic Stress, Los Angeles, CA.
50. **Gobin, R. L.** & Freyd, J. J. (October, 2012). *Betrayal Trauma, Betrayal Awareness, and Peritraumatic Dissociation*. Paper presented at the 29th Annual Conference of the International Society for the Study of Trauma and Dissociation, Long Beach, CA.

51. **Gobin, R. L.** & Freyd, J.J. (October, 2011). *Trauma, Trust, and Betrayal Awareness*. Paper presented at the Conference of Ford Fellows, Irvine, CA.
52. Bryant-Davis, T., Ullman, S., Tsong, Y., & **Gobin, R.L.** (November, 2009). *Surviving Sexual Assault: African American Women, Social Support, and Religious Coping*. Paper presented at the 25th Annual Meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
53. **Gobin, R.L.** (August, 2009). *Resiliency among African American Women: The Role of Social Support and Religiosity in Overcoming Sexual Assault*. Paper presented at the 41st Annual Association of Black Psychologists International Convention, Atlanta, GA.
54. **Gobin, R.L.** & Freyd, J.J. (November, 2008). *Betrayal and Revictimization*. Paper presented at the 24th Annual Meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
55. **Gobin, R. L.** & Freyd, J. J. (August, 2008). *Betrayal and Revictimization*. Paper presented at the 116th Annual Convention of the American Psychological Association, Boston, MA.
56. **Gobin, R. L.** & Freyd, J. J. (July, 2008). *Trust and Revictimization among Betrayal Trauma Survivors*. Paper presented at the 12th International Family Violence and Child Victimization Research Conference, Portsmouth, NH.
57. Kaehler, L. A. & **Gobin, R. L.** (February, 2008). *Tis Nobler in the Mind to Suffer?: Suicide Risk Factors and Trauma*. Symposium delivered at the 2008 University of Oregon Crisis Prevention Conference, Eugene, OR.
58. **Grimes, R.L.** (April, 2006). *Revictimization and Dissociation: An Examination of the Impact of Initial Abuse Dynamics*. Paper presented at the Wesleyan College Annual Student Scholarship Convention, Macon, GA.
59. **Grimes, R.L.** (April, 2005). *Female Tolerance of Infidelity in Romantic Relationships*. Poster presented at the 51st Southeastern Psychological Association Annual Meeting in Nashville, TN.

PROFESSIONAL DEVELOPMENT PRESENTATIONS AND WEBINARS

1. **Gobin, R. L.** & Hauser, C. (February, 2020). Finding and Nurturing Your Authentic Self: Shame Resilience and Self-Compassion. Keynote presentation at the Womxn's Career Institute, Champaign, IL.
2. **Gobin, R. L.** & Dodson, M. (February, 2019). *Branding Yourself as a Psychologist*. Participant in Virtual Connection and Development Series Webinar sponsored by the APA Division 17 Early Career Professionals Committee.
3. **Gobin, R. L.** (February, 2018). *Balancing Academia with the Call to Serve*. Invited Speaker at the Leadership Education to Advance Diversity (LEAD) Institute sponsored by the Society of Clinical Child and Adolescent Psychology (SCCAP), Miami, FL.

4. Banks, K., Ferguson, A., **Gobin, R. L.**, Maton, K., & Toporek, R. (November, 2018). *Psychologists and Legislative Advocacy at State/Local Levels*. Presenter for webinar co-sponsored by APA Divisions 17, 27, 35, & 45.
5. **Gobin, R. L.**, Ivey, K. C., Keck, P., Syme, M., Young, J. (August, 2018). *Supporting Specialization Among Early Career Psychologists*. Participant in Symposium entitled: *Am I Special? Challenges, Benefits, Resources for Developing a Specialty Area Across the Career Path* at the 2018 American Psychological Association Convention, San Francisco, CA.
6. Banks, K., Ferguson, A., **Gobin, R. L.**, Ho, I., Liang, C., Maton, K., Toporek, R. (August, 2018). *Community Advocacy: Training Psychologists to Act Locally*. Participant in Workshop Co-Sponsored by American Psychological Association Divisions 17, 35, & 45 at the 2018 American Psychological Association Convention, San Francisco, CA.
7. **Gobin, R. L.** (April, 2018). *10 Tips for Getting Published in Graduate School*. Webinar presenter in the 2018 Division 45 Student Section Virtual Mentorship Program.
8. **Gobin, R. L.** (April 2018). *Getting Funded: Writing Grants and Fellowship Proposals*. Webinar presenter in the 2018 Division 45 Student Section Virtual Mentorship Program.
9. **Gobin, R. L.** (February, 2018). *Balancing Academia with the Call to Serve*. Invited Speaker at the UIUC Clinical-Community Psychology Department Brownbag Series, Champaign, IL.
10. **Gobin, R. L.** (August, 2017). *Obtaining a Teaching or Research-Focused Postdoc: Tips, Tricks, and How-To's*. Participant in symposium hosted by the American Psychological Association of Graduate Students at the 2017 American Psychological Association Convention, Washington, D.C.
11. **Gobin, R. L.** (August, 2017). *What You Need(ed) to Know: Perspective from an Early Career Psychologist*. Participant in symposium entitled Truth in Advertising: Describing Training Programs to Students at the 2017 American Psychological Association Convention, Washington, D.C.
12. Cruza-Guet, M., **Gobin, R.L.**, et al. (August, 2016). *An Insider's Guide to Research and Training Funding Opportunities—Talk with NIH Staff*. Participant in symposium hosted by the APA Committee on Early Career Psychologists at the 2016 American Psychological Association Convention, Denver, CO.
13. **Gobin, R. L.** et al., (May, 2016). *Examination for Professional Practice in Psychology (EPPP) Workshop*. Invited Panelist for workshop sponsored by the Illinois Psychological Association, Chicago, IL.
14. Rom-Rymer, B., Pole, N., Porterfield, K., Figley, C., Gold, S., Smith, C., & Gobin, R.L. (September, 2015). *The Hoffman Report: Division 56 Discusses Initial Reactions and Plans*. Invited Panelist for Webinar hosted by the APA Division of Trauma Psychology.

15. Felipe, L., **Gobin, R.L.**, Goode-Cross, D., Green, J., Llamas, J., Pina-Watson, B. (August, 2015). *Empty Wallet Syndrome: Securing Loan Repayment as an Early Career Psychologist*. Presenter for Webinar hosted by the CNPAAEMI Leadership Development Institute Fellows.
16. Rom-Rymer, B., Pole, N., Brown, L., **Gobin, R.L.**, Mattar, S., Smith, C. (August, 2015). *The APA Crisis: Institutional Betrayal and Recovery*. Invited Panelist at the 2015 American Psychological Association Convention, Toronto, CA.
17. Jones, J. & **Gobin, R.L.** (July, 2015). *Passing the Examination for Professional Practice in Psychology*. Panelist at the 47th Annual International Convention of the Association of Black Psychologists, Las Vegas, NV.
18. **Gobin, R. L.** (July, 2013). *Securing Funding*. Invited Panelist at the 45th Annual International Convention of the Association of Black Psychologists, New Orleans, LA.
19. **Gobin, R.L.** (July, 2012). *What Now?: Options for Undergraduate Psychology Majors*. Invited panelist at the 44th Annual International Convention of the Association of Black Psychologists, Los Angeles, CA.
20. **Gobin, R.L.** (January, 2012). *Internship Interview Success*. Invited panelist for internship interview panel for National Center for PTSD research assistants, Boston, MA.
21. **Gobin, R.L.** & Rentie, R. J. (July, 2011). *The Perfect Match: Securing a Predoctoral Psychology Internship*. Panelist at the 43rd Annual International Convention of the Association of Black Psychologists, Crystal City, VA.
22. **Gobin, R.L.** (August, 2010). *Student Governance and Leadership within APA Division 35*. Invited speaker for Division 35 graduate student leadership fair at the 118th Annual Convention of the American Psychological Association, San Diego, CA.
23. **Gobin, R.L.** (April, 2010). *Making the Most of Networking Opportunities at Academic Conferences*. Invited panelist for the graduate student workshop entitled Conference Cocktail Party: The Academic Introduction, Eugene, OR.

MEDICAL CENTER TEACHING & TRAINER EXPERIENCE

Spring, 2020

Trainer, Interpersonal Trauma Treatment Training: CPT, PE, and ACT Skills and Techniques for Improved Outcomes, 2-day training, March 5-6, 2020, Manhattan, NY *CEUs provided

Fall, 2019

Invited Speaker, Empowering Medical and Mental Health Professionals to Work Effectively with Sexual Trauma, 1-hour Presentation at Carle Mental Health Symposium, September 4, 2019, Champaign, IL *CEUs provided

- Spring, 2019 *Invited Speaker*, ACT Lecture Series—sponsored by the Department of Veterans Affairs, 1-hour educational webinar, April 24, 2019, Online via Adobe Connect
- Fall, 2018 *Invited Speaker*, Mindfulness in Medicine, 1-hour workshop delivered as a part of the Wellness Wednesday curriculum, Carle Illinois College of Medicine, September 26, 2018, Champaign, IL
- Fall, 2018 *Invited Workshop Facilitator*, Let’s Take a Mindful Minute: How Mindfulness Can Reduce Stress and Enhance Productivity in Teachers and Students, 3-hour workshop delivered to the Department of Special Education Faculty at Illinois State University, September 14, 2018, Normal, IL
- Fall, 2018 *Invited Faculty/Workshop Facilitator*, Acceptance and Commitment Therapy for Interpersonal Trauma Exposure, 4-hour workshop delivered at the ACT Bootcamp for Women, August 16-19, 2018, San Diego, CA *CEUS provided
- Spring, 2018 *Invited Speaker*, Mindfulness and Health, American Medical Student Association UIUC Chapter, Champaign, IL
- Spring, 2018 *Invited Workshop Facilitator*, Mindfulness-based Approaches and Well-being, Medicine and Society course for 4th year medical students, Presence Hospital, Urbana, IL
- Fall, 2016 *Invited Trainer/Facilitator*, Prioritizing Client Values and Empowering Clinicians to Work Effectively with Trauma Survivors, 6-hour workshop delivered at the 2016 Iowa Psychological Association Fall Conference, Central College, Pella, IA *CEUs provided
- Summer, 2016 *Invited Content Expert/Faculty*, How to Get Systems to Acknowledge Trauma Exposure and Its Impact on Mental Health, and Then Do Something About It, 1.5 hour Psychiatry Grand Rounds presentation at 32nd Annual Public Sector Psychiatry Conference, Boston, MA *CEUs provided
- Summer, 2015 *Guest Lecturer*, Behavioral Medicine Seminar on Sexual Dysfunction and Sexual Health Assessment, VASDHS
- Winter, 2015 *Faculty*, Working with Military Sexual Trauma Survivors VA Staff In-service Training, VASDHS
- Summer, 2014-15 *Lead Faculty*, Year-long PTSD Training Seminar for Predoctoral Trainees and Postdoctoral Fellows, VASDHS

- Summer, 2014 *Lead Faculty*, 10-hour Human Sexuality Seminar for Predoctoral Trainees and Postdoctoral Fellows, VASDHS
- Summer, 2014 *Training Faculty*, Working Effectively & Compassionately with Veterans with Multiple Problems and Severe Emotion Dysregulation, VASDHS
- Spring, 2014 *Faculty*, Sexual Medicine and Addictive Behaviors CEU Training, Long Beach VA Healthcare System

UNIVERSITY TEACHING EXPERIENCE

- Fall, 2016-2019 *Course Instructor*, Trauma, Diversity, & Resilience, UIUC
- Fall, 2015-present *Course Instructor*, Mental Health, UIUC
- Winter, 2015 *Guest Lecturer*, Intro to Clinical Psychology, UCSD
- Spring, 2011 *Guest Lecturer*, Psychology Honors Thesis Seminar, UO
- Fall, 2009 *Guest Lecturer*, Psychology of Trauma, UO
- Winter, 2009 *Graduate Teaching Assistant*, Culture and Mental Health, UO
- Spring, 2008, 2009 *Laboratory Instructor*, Statistical Research Methods in Psychology, UO
- Fall, 2008 *Graduate Teaching Assistant*, Introductory Psychology, UO
- Winter, 2008 *Graduate Teaching Assistant*, Marriage and Family Therapy, UO
- Summer, 2007 *Sole Instructor*, Mind and Society (Introductory Psychology), UO
Fall, 2007 *Graduate Teaching Assistant*, Psychology of Gender, UO
- Fall, 2006, W2007, S2007 *Laboratory Instructor*, Mind and Society (Introductory Psychology), UO

MENTORING EXPERIENCE

- 2019-present *Research Advisor* for Michelle Pebole, UIUC Community Health Doctoral Student (anticipated graduation May 2023)
- 2019-present *Dissertation Committee Member* for Gina Lathan, UIUC Community Health Doctoral Graduate
- 2019-present *Research Mentor* for Kathryn Rhoades, UIUC Counseling Psychology Doctoral Student (anticipated graduation May 2024)

- 2019-present *Dissertation Chair* for Danielle Pllum, UIUC Community Health Doctoral Student (anticipated graduation May 2021)
- 2018-present *Research Advisor* for Kristin Godlin, UIUC Community Health Doctoral Student (anticipated graduation May 2022)
- 2018-present *Dissertation Committee Member* for Chris Murdock, UIUC Counseling Psychology Doctoral Candidate (anticipated graduation August 2020)
- 2018-present *Primary Advisor* for Oluwatosin Akingbule, UIUC Community Health Graduate Student (anticipated graduation May 2024)
- 2017-present *Dissertation Committee Member* for Patricia Cintroa, UIUC Neuroscience Doctoral Candidate (anticipated graduation August 2020)
- 2017-present *Research Mentor* for Jennifer Laprise, UIUC Psychiatry Resident
- 2017-2018 *Research Mentor* for Cassandra Colbert, UIUC Graduate Student in Counseling Psychology
- 2017-2018 *Research Supervisor*, Supervised two McNair Scholars in the conduct of a scientific literature review, submission of IRB applications, and the conduct of two separate quantitative research projects, including data collection, analysis, and manuscript preparation
- 2016-2018 *Research Mentor* for Kristin Godlin, UIUC Masters in Public Health Candidate and Templeton Foundation Transforming Chaplaincy Research Fellow
- 2016-present *Dissertation Committee Member* for Sherri Shaw, UIUC Community Health Doctoral Candidate (anticipated graduation August 2020)
- 2016-2018 *Research Supervisor* for Sarah Graves, UIUC Masters in Public Health Candidate
- 2016-2018 *Research Supervisor* for Chandana Vuyyuru, UIUC Masters in Public Health Graduate
- 2016-2017 *Dissertation Committee Member* for Dan Greene, UIUC Kinesiology Doctoral Graduate

- 2014-2015 *Research Supervisor*, Provided clinical and research supervision on eligibility screening, recruitment, safety assessment, data file management, and data analysis to undergraduate research assistants and post-baccalaureate study coordinator for a UCSD funded pilot clinical trial. MST & IPT Program, VASDHC.
- 2011 *Research Supervisor*, Supervised one undergraduate research assistant on data coding and analysis for my dissertation project. Dynamics Lab, University of Oregon.
- 2011 *Research Supervisor*, Supervised one undergraduate research assistant on literature review and data entry for a project exploring citation pattern in research on ethnic minority populations. Cultural Lab, University of Oregon.
- 2010-2011 *Research Supervisor*, Supervised two undergraduate research assistants on data entry for projects examining the intersection of culture, gender, and mental health. Diversity Initiative, University of Oregon.

SUPERVISED CLINICAL EXPERIENCE

- 2013-2015 *Postdoctoral Clinician*, MST & IPT Clinic and Dialectical Behavior Therapy Clinic, VA San Diego Healthcare System
- 2012-2013 *Postdoctoral Clinician*, PTSD Clinic, Providence VA Healthcare System
- Postdoctoral Clinician*, Center for Sexual Health, North American Family Institute (*formerly Psychological Centers*)
- Research Study Therapist* (NIMH-R34 MH086682, PI: Johnson), Group Interpersonal Psychotherapy for Major Depression following Perinatal Loss, Alpert Medical School of Brown University
- 2012-2013 *PTSD Assessment Specialist* (NIH-5U49CE001248-05, PI: Taft), PTSD-Focused Relationship Enhancement Therapy for Returning Veterans and their Partners, Providence VA Healthcare System
- 2011-2012 *Clinical Psychology Intern*, Women's Stress Disorder Treatment Team, Boston VA Healthcare System—Jamaica Plain Campus
- 2010-2011 *Graduate Student Therapist*, Center for Community Counseling
- 2009-2010 *Career Counselor and Group Co-facilitator*, Womenspace Advocacy Center

- 2009-2011 *Therapist/Assessment Specialist/Qualified Mental Health Professional*, Direction Service Counseling Center
- 2008-2010 *Group Facilitator*, Healthy Weight Intervention, Oregon Research Institute
- 2008-2009 *Doctoral Student Therapist*, Child and Family Center, University of Oregon
- 2007-2010 *Doctoral Student Therapist*, Psychology Clinic, University of Oregon
- 2007 *Parenting Coach*, Oregon Social Learning Center and Parenting Inside Out Management Training Program

Clinical Supervision/Consultation Experience

- 2016 *Clinical Consultant*, University of Illinois at Urbana Champaign
- 2015 *Clinical Consultant*, VA San Diego Healthcare System
- 2012 *Clinical Supervisor*, Boston Consortium in Clinical Psychology
- 2009 *Counseling Supervisor*, University of Oregon Communication Disorder and Science Program

Specialized Clinical and Leadership Training and Certifications

1. *The Complete Trauma-Sensitive Mindfulness Training: A Two-Part Comprehensive Training for Mindfulness Providers*. Presented by David Treleaven, PhD, March 30-July 11, 2020.
2. *A Deep Dive into Embodied Mindfulness: A Two-Day Retreat* sponsored by the University of Wisconsin Mindfulness Center. Facilitated by Jon Kabat-Zinn, Madison, Wisconsin, November 15-16, 2019.
3. *5-Day Mindful Self-Compassion Intensive*. Sponsored by the University of Wisconsin Mindfulness Center Facilitated by Steve Hickman, Ph.D., Madison, Wisconsin, August 15-21, 2019.
4. *Mindfulness and Racial Justice: A Path for All of Us*, Day Long Workshop (8-hours) co-sponsored by the University of Wisconsin Mindfulness Center and the Social Innovation and Sustainability Leadership Program. Facilitated by Rhonda V. Magee, JD, Madison, Wisconsin, October 13, 2018.
5. *The Neurobiology of Trauma Master Trainer Training* (21-hours), The Trauma Center at Justice Resource Institute (JRI), funded by the Department of Justice, Office for Victims of Crime (OVC) Vision 21 Innovation Grant, Chicago, Illinois, June-September, 2018.

6. *2-Day Mindful Self-Compassion Core Skills Workshop* sponsored by the Center for Mindful Self-Compassion. Facilitated by Chris Germer, Ph.D. and Kristin Neff, Ph.D., Middleton, Wisconsin, April 2018.
7. *Provisional Certificate of Qualification in Teaching Mindfulness Based Stress Reduction*, UCSD Center for Mindfulness Professional Training Institute, October 2017.
8. *Mindfulness-based Stress Reduction Teacher Training Intensive* sponsored by UCSD Center for Mindfulness. Facilitated by Susan Woods, LICSW and Patricia Rockman, MD, Petaluma, California, September, 2017.
9. *Doing Experiential Therapy 2-Day Pre-Conference Workshop* at the ACBS World Conference 15. Facilitated by Robyn Walser, Ph.D. and Matthieu Villatte, Ph.D., Seville, Spain, July 2017.
10. *5-Day Mindfulness Retreat Training for Health Professionals* sponsored by UCSD Center for Mindfulness. Facilitated by Susan Woods, LICSW and Helen Vantine, Ph.D., Batavia, New York, March, 2017.
11. *Leadership Institute for Indigenous and Diverse Women of Color (LIDWOC)*, facilitated by BraVada Garrett-Akinsanya, Ph.D. and other APA Division 35 Leaders, Portland, Oregon, January 2017.
12. *Certified Lesbian, Gay, Bisexual, Transgender (LGBT) Expert**, VA San Diego Healthcare System, 2015 *Successfully completed training requirements in LGBT culturally competent healthcare.
13. *Acceptance and Commitment Therapy: Using Mindfulness and Values to Make Powerful Life Enhancing Change*, 2-day Training facilitated by Robyn Walser, Ph.D., VA San Diego Healthcare System, February, 2015.
14. *Emotion Focused Couples Therapy, Staying Ahead of the Curve: 2014 Updates for Innovative Relationship Treatment*, Daylong CEU workshop facilitated by Sue Johnson, Ph.D., University of San Diego, October, 2014.
15. *Acceptance and Commitment Therapy: Mindfulness and Values in the Treatment of PTSD*, Pre-meeting Institute facilitated by Dr. Robyn Walser, 28th Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, California, October 2012.
16. *Cognitive Processing Therapy*, 2-day workshop delivered by Dr. Patricia Resick, National Center for PTSD—Women’s Health Sciences Division, Boston VA Healthcare System, Boston, Massachusetts, September 2011. **CPT Provider-Ready VA Clinician*
17. *Mindfulness Based Trauma Therapy: Compassion, Attention, and Meta-Cognitive Awareness*, Oregon Psychological Association CEU Workshop, Portland, Oregon, June, 2011.

18. *Effective Treatment for Complex PTSD Related to Childhood Abuse and Multiple Traumatization*, International Society for Traumatic Stress Studies 25th Annual Pre-Meeting Institute, Atlanta, Georgia, November, 2009.
19. *Acceptance and Commitment Therapy*, 3-day workshop sponsored by the Center on Early Adolescence and Oregon Research Institute, Eugene, Oregon, January, 2009.
20. *Behavioral Activation as a Contextual Treatment for Depression*, Oregon Psychological Association CE Workshop, Portland, Oregon, November, 2007.

FELLOWSHIPS AND HONORS

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|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2019 | Robert Wood Johnson Foundation New Connections Capstone Symposium Scholar |
| 2018 | APA Citizen Psychologist Presidential Citation |
| 2018 | Robert Wood Johnson Foundation Bi-Annual Symposium Scholar |
| 2017 | Robert Wood Johnson Foundation Research and Coaching Clinic Scholar |
| 2017 | Young Alumna Award, Wesleyan College |
| 2017 | Scholars Travel Award, UIUC Center for Health, Aging, and Disability |
| 2016 | Judy E. Hall Early Career Psychologist Awardee, National Register of Health Service Psychologists |
| 2016 | APA-MOU Conference Program for Collaboration and Exchange Awardee, 1 of 6 US psychologists funded to attend the 2016 Annual Meeting of the Psychological Society of South Africa (PsySSA) |
| 2016 | Federal Advisory Committee on Women Veterans Nominee |
| 2016 | UIUC College of ACES Research Academy Fellow |
| 2016 | Advanced Training Institute on Research Methods with Diverse Racial and Ethnic Groups Travel Grant Recipient, American Psychological Association Science Directorate |
| 2014-2016 | Association of Black Psychologists Leadership Fellow, Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI) |
| 2013 | NIH Loan Repayment Program Awardee (awarded but not accepted due to other competitive funding) |

2013	Ford Foundation Postdoctoral Fellowship Awardee (awarded but not accepted due to other competitive funding)
2012	National Psychologist Trainee Register Credentialing Scholarship
2011	Excellence in Service Award, Association of Black Psychologists Student Board of Directors
2010	Ford Foundation Dissertation Fellowship
2010	Outstanding Research Reviewer Award, Quantitative Training for Underrepresented Groups
2010	APAGS Diversity Delegate at APA State Leadership Conference
2010	Travel Grants: University of Oregon Office of Student Life, University of Oregon Graduate School, University of Oregon Office for Institutional Equity and Diversity, Finner-Williams Christian Counselors Ministry Inc., American Psychological Association (APA) Division of State, Provincial and Territorial Affairs, American Psychological Association of Graduate Students (APAGS), University of Oregon Graduate School
2009	Henry V. Howe Scholarship, University of Oregon College of Arts and Sciences
2009	Graduate Research Award, University of Oregon Graduate School
2008	David Caul Graduate Research Grant, International Society for the Study of Trauma and Dissociation
2008	Travel Grants: APA Minority Fellowship Program, University of Oregon Graduate Education Committee
2007	APA Minority Fellowship, Substance Abuse and Mental Health Services Administration (SAMHSA), 2007-2010
2007	Travel Grant, APA Minority Fellowship Program
2006	Fighting Fund Fellowship, University of Oregon Graduate School
2006	McKee Educational Foundation Scholarship, Wesleyan College
2006	Psychology Award for Academic Excellence, Wesleyan College

PROFESSIONAL SERVICE

- Editorial:** Co-Editor, *Journal of Trauma and Dissociation*, Special Issue on Discrimination, Violence & Healing in Marginalized Communities, 2018-2021
- Editorial Board Member, *Journal of Trauma and Dissociation*, 2016-present
- Guest Editor, *Journal of Trauma and Dissociation* Special Issue on Trauma, Attachment, and Intimate Relationships, 2010-2011
- Ad Hoc Reviewer, *Journal of Contextual Behavioral Science* (2018), *American Psychologist* (2017), *Journal of Interpersonal Violence* (2016-present), *Behavioral Medicine* (2017-present), *Journal of Consulting and Clinical Psychology* (2012), *Journal of Trauma and Dissociation* (2012-present), *Psychology of Women Quarterly* (2011-present), *Journal of Black Psychology* (2010-2014), *Legal and Criminological Psychology* (2009)
- National:** *Council Representative*, APA Division 45-Society for the Psychological Study of Culture, Ethnicity, and Race, 2020-2022
- Conference Planning Committee*, Boris Lawrence Henson Foundation Can We Talk? Conference, 2019
- Board Member*, National Register of Health Service Psychologists, 2019-present
- Advisory Council Member*, Boris Lawrence Henson Foundation, 2018-present
- Virtual Mentor*, APA Division 45 Virtual Mentorship Program, 2018
- Community Advocacy Fellow*, APA Society for the Psychological Study of Culture, Ethnicity, and Race, 2018
- Vice Chair*, APA Committee on Early Career Psychologists, 2018
- Program Co-Chair*, 5th Biennial APA Division 45 Research Conference, 2017-2018
- Early Career Psychologist Liaison*, National Register for Health Service Psychologists Board of Directors, 2017-2018
- Member-at-Large*, APA Division 45-Society for the Psychological Study of Culture, Ethnicity, and Race, 2017-2019

APA Convention Suite Coordinator, APA Division 56-Trauma Psychology, 2017

Public Interest Representative, APA Committee on Early Career Psychologists, 2016-2018

Member-at-Large, APA Division 56-Trauma Psychology Executive Committee, 2016-2018

Member, APA Division 56-Trauma Psychology Diversity and Multicultural Committee, 2015-present

Early Career Psychologist Committee Co-Chair, Association of Black Psychologists, 2015-2016

Reviewer of Applications, APA Minority Fellowship Program Initial Review Committee, 2013

Strategic Planning Chair, Association of Black Psychologists Student Circle Executive Council, 2011-2012

Student Representative, Society for the Psychology of Women Section I: Psychology of Black Women, 2010

State of Oregon Representative, National Black Graduate Student Association, 2010-2011

Research Chair, Association of Black Psychologists Student Circle Executive Council, 2010-2011

Reviewer of Conference Proposals, Society for the Scientific Study of Ethnic Minority Issues, 2010

Membership Co-Chair, Association of Black Psychologists Student Circle Executive Council, 2009-2010

State: *Member-at-Large, Illinois Psychological Association (IPA) Early Career Psychologist Executive Board, 2016*

Fellowship: *Member, Diversity Committee, VASDHS, 2013-2015*

Member, Diversity Committee, Brown Clinical Training Consortium, 2012-2013

Internship: *Member, Boston Consortium Diversity and Inclusion Committee, Boston Consortium in Clinical Psychology, 2011-2012*

Member, Boston Consortium Curriculum Committee, Boston Consortium in Clinical Psychology, 2011-2012

UIUC:

Committee Member, AHS Educational Policy Committee, 2019-present

Committee Member, KCH Educational Policy Committee, 2018-2019

Committee Member, Ad Hoc Committee to Review the Chez Family Foundation Center for Wounded Veterans in Higher Education, 2018

Steering Committee Member, Illinois Summit on Diversity in Psychological Science, University of Illinois at Urbana-Champaign, 2017-2018

Member, Rape Awareness and Prevention Committee, University of Illinois, Urbana-Champaign, 2015-2019

Member, Counseling Center Advisory Committee, University of Illinois, Urbana-Champaign, 2015-2019

UO:

Mentor, Graduate/Law School 101 Workshop, University of Oregon Alliance of Graduate Students for Diversity, 2011

Doctoral Student Representative, Graduate Education Committee, University of Oregon, 2010-2011

Grant Co-writer, Research Interest Group Development Grant, Center for the Study of Women in Society (CSWS), 2008-2010

Member, Undergraduate Education Committee, University of Oregon Department of Psychology, 2009-2010

Undergraduate Academic Advisor, University of Oregon Department of Psychology, 2009-2010

Practicum Coordinator, University of Oregon Department of Psychology, 2009-2010

Co-Chair, Diversity Initiative Research Interest Group housed within CSWS, 2009-2011

Active Member, Diversity Initiative Research Interest Group housed within CSWS, 2007-2009

Student Reviewer, Graduate Admissions Committee, University of Oregon, 2007-2008

Community:

Trauma Consultant and Media Expert, Time's Up Now, 2020-present

Guest Speaker, Fit & Fab with Mindfulness Meditation, 1 hour presentation at Champaign Public Library, Champaign, IL, 2020

Workshop Presenter, Ring in the New Year with Self-Care, 1.5 hour Workshop at Champaign Public Library, Champaign, IL, 2020

Workshop Presenter, Self-Care for the Holidays, 1.5 hour Workshop at Champaign Public Library, Champaign, IL, 2019

Webinar Presenter, Managing Your Mental Health, Women by Choice Mental Wellness Webinar Series, 2019

Workshop Presenter, Self-Care Saturday: Elements of a Life Lived on Purpose, 2-hour Workshop Delivered at Bouldercrest Church of Christ, Atlanta, GA, 2019.

Workshop Presenter, Mindful Eating for Health and Happiness, Corelife Eatery, Champaign, IL, 2018.

Invited Webinar Presenter, Why You Need to Be More Mindful and Meditate, Women by Choice Mental Wellness Webinar Series, 2018

Guest Speaker, Education Justice Project Mindfulness Discussion Group, Danville Correctional Facility, 2018

Board Member, Life Balance and Wellness Institute, 2018-2020

Board Member, Driven to Reach Excellence & Academic Achievement for Males (DREAAM) House, 2018-present

Treasurer, Champaign Area Psychological Society (CAPS), 2017-2019

Disaster Volunteer, American Red Cross, 2017

Invited Speaker, Issues Confronting Women Veterans as they Exit the Military, Soroptimist International Desert Coast Regional Summit, May 15, 2015

Member, Student Involvement Subcommittee, Oregon
Psychological Association, 2010

Member, Diversity Committee, Oregon Psychological Association,
2010

Member, University of Oregon Women in Graduate Sciences,
2009-2011

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies (ABCT)

Association for Contextual Behavioral Science (ACBS)

American Psychological Association (APA)

Society for Military Psychology (APA Division 19)

Society for the Psychology of Women (APA Division 35)

Society for the Psychology of Black Women (APA
Division 35 Section 1)

Society for the Psychology of Religion and Spirituality (APA Division 36)

Society for the Psychological Study of Culture, Ethnicity, and Race
(APA Division 45)

Division of Trauma Psychology (APA Division 56)

International Society for Traumatic Stress Studies (ISTSS)

MEDIA APPEARANCES AND INTERVIEWS

ciLiving Interview (April 2020). “Self-care while sheltering in place” Interview by Heather Roberts. Web Link: <https://www.wcia.com/ciliving-tv/self-care-tips-with-dr-robyn-gobin-while-practicing-social-distancing/>

Lite It Up Podcast Interview (April 2020). “Mental health and self-care strategies for women during COVID-19” Interview by Aginah M. Muhammad

APA Monitor Interview (March 2020). “How to encourage student self-care” Interview by Stephanie Pappas

Woman’s World Magazine “Ask American’s Ultimate Experts” Interview (March 2020). “Restoring mental and spiritual energy with self-care” Interview by Kristina Mastrocola.

The Breakdown with Dr. Earl Turner Podcast Interview (February 2020). “The role of self-care in promoting Black mental health” Interview by Dr. Earl Turner.

Window Fashion VISION Interview (January 2020). “Self-Care for interior designers” Interview by Sophia Bennett. Web Link: <https://www.wf-vision.com/2020/01/05/self-care-strategies-for-window-fashion-professionals/>

Magazine Interview (December 30, 2019). “A Women’s Guide to Self-Care” Interview by Laura Arenschiold.

WILL (Local NPR) 21st Show—Illinois Public Radio Interview (December 17, 2019). “Why ‘self-care’ is hard—but especially important—during the holiday season” Interview by Christine Herman. Web Link: <https://will.illinois.edu/player/audio/self-care-during-the-holidays>

MEL (UK) magazine Interview (November 19, 2019). “Self-care for men: Learning to love yourself again” Interview by Stuart Messham.

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